



Пасха

Світле Христове Воскресіння



ОГОЛОШЕННЯ

Перша Неділя Св.
Великого Посту –
Торжество Православ'я
Сьогодні православні по
всьому світі святкують
перемогу Православ'я над
останньою великою
єрессю...(продовження на
uoccc.ca)

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN

НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747 Home: 604-325-2639
Cell: 778-239-6252 Fax: 604-876-4745
E-mail: rtsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:30 am

Confession: 9:00 to 9:50 am

DIVINE LITURGY 10:00 to 11:30 am

FELLOWSHIP HOUR 11:45 am

СЬОГОДНІ: Сповідь 9:00; Читання Годин в 9:30; Божественна Літургія в 10:00 годині.
КАВА ПІСЛЯ БОГОСЛУЖЕННЯ: Всіх присутніх сьогодні на Літургії щиро запрошуємо до катедральної аудиторії на каву і солодке.

СОРОКОУСТ ЗА ЗДОРОВ'Я – за Марію, Ігоря, Татьяну, Павла.



ЗАУПОКІЙНИЙ СОРОКОУСТ (місячне і річне поминання) за
Ігоря Медовщіков, Зою Грігорчук, добродійку Ольгу
Павлишен. Бориса, Ілью, Євгенію, Олександра, Олексія, Івана,
Анну, Миколая і Анну Радюк.



ЧЛЕНСТВО: Ми тепло вітаємо всіх віруючих та
закликаємо стати членами парафії. Роблячи це, ви
будете підтримувати не тільки Катедру Пресвятої
Тройці, але і Консисторію Української Православної
Церкви та її Західну Єпархію. Будь ласка, не соромтесь підійти до священника
або будь-якого члена Парафіяльної управи, щоб обговорити членство і
отримати копію форми заявки на членство.

ВАРЕНИКИ будемо робити 23 березня. Починаємо в 9-й годині ранку, якщо Ви
вільні в цей день то просимо допомоги. Ваша допомога дуже потрібна.
Заздалегідь дякуємо!



Перша Неділя Св. Великого Посту – Торжество
Православ'я
First Sunday of the Great Fast: The Triumph of Orthodox

SPIRITUAL MESSAGE

HOW SHALL WE KEEP THE GREAT FAST?

From the lips of our Lord Himself we have, in the Gospel lesson for this day, three vital regulations for the keeping of this sacred season.

First of all, Christ teaches the necessity to forgive. He points out the dual nature of forgiveness: if we seek the forgiveness of God for our sins, we must also forgive others their sins against us. And if we do not forgive those who have wronged us in any way, neither will God forgive us. In other words, as we treat others, so will God treat us.

Of course, this great truth is also contained in Lord's Prayer. "**Forgive us our trespasses, as we forgive those who trespass against us**" It is clear from this how important it is to make our peace with others before attempting any spiritual growth.

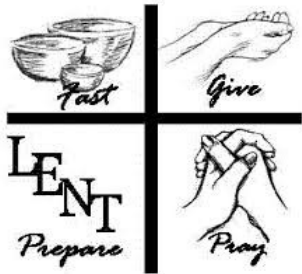
Secondly, Christ speaks about fasting, a spiritual discipline often neglected in our times. Not only is abstaining from meat and its by-products involved, but the volume, the amount of food consumed, is vital; as is the abstaining from all evil deeds.

Thirdly, Christ says we must "**store up for ourselves treasure in heaven.**" The Lord bids us to be millionaires, not in the riches of this world, but in the treasures of God. It is clear from the Scriptures that Prayer and Almsgiving (Charity) are two of the great means to gather this treasure in eternity. Both are hallmarks of the true follower of Christ.

TODAY'S ANNOUNCEMENTS

Welcome!

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy. What a joy it is to have you praying with us.



TODAY - Our regular schedule of services. As we continue our Lenten time we are mindful of God's infinite mercy towards us and so we confidently call upon the Father for all our needs. At this time we pray that we may not hanker after the pleasures of material comforts or be blinded by the attraction of evil but hunger after spiritual values. For all whose lives are empty of good deeds, may they produce the fruits of patience, generosity and peace.

MEMORIAL LITIA: During the Divine Liturgy, we shall offer a Prayer for Margaret Remenda to commemorate 15 years since her passing. May Merciful God give rest to the departed among the Just. Memory eternal. Vichnaya Pam'yat!

PANAKHYDA: Today a Panakhyda is being served to honour the memory of deceased members of the Lesia Ukrainka Branch of the UWAC. Please join us in remembering all these remarkable women. May their memory be Eternal.



FEBRUARY 25, 2016: 145 years anniversary of the birth of the great poet, Lesia Ukrainka. She was one of Ukraine's best-known poets and writers and the foremost woman writer in Ukrainian literature.



VENERATION OF THE CROSS: Everyone is welcome to receive the blessing and partake of the blessed bread (Antidor) at the end of the Divine Liturgy.



FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in the Fellowship Hour in the Auditorium immediately following the Liturgy.

SUNDAY OF ORTHODOXY - VESPERS will take place today at Sts. Nicholas and Dimitrius Greek Orthodox Church (4641 Boundary Rd, Vancouver) at 7:00 p.m. Please attend this special, annual service with the participation of all Orthodox parishes, celebrating our faith and our Orthodox community in the Lower Mainland. After the Service there will be a reception for all participants.



Holy Communion

THE GREAT LENT BEGAN ON March 14th: During the Lenten period, everyone should come forward to participate in Sacraments of Holy Confession and Communion. Renew your Baptismal Pledge and cleanse it. Lenten memorial services combined with the Divine Liturgy will be held on Sundays March 27, April 3 and 10 at 10:00 am. Memorial candles may be purchased at the vestibule table.

Please arrange to have your loved ones remembered in these special prayers.



GREAT LENT BOOKLET: We are pleased to make available to you a booklet with information on the Great Lent. It includes topics such as: The Origin of Fasting; The Meaning of the Feast Days of Lent; Four Preparatory Weeks before Lent; and, The Seven Sundays of the Great Lent. Thanks are extended to Gloria Katnick and Father Roman for compiling this very informative booklet.



PEROGIE MAKING: Preparing perogies (varenyky) is scheduled for Wednesday, March 23 starting at 9:00 am. Many thanks to all those volunteers who regularly assist with this big task. The next Friday Night Supper is on April 1st and we are expecting another big crowd.

**THANK YOU for attending the service and may
YOU ALL HAVE A WONDERFUL SUNDAY**