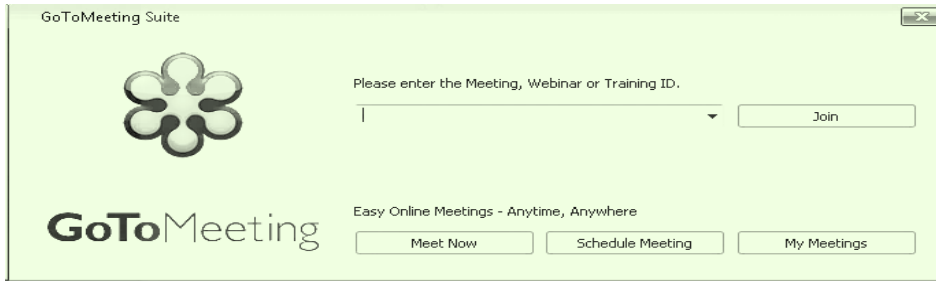


# How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>



## Etiquette Every Person Should Know

As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations.

While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas.

Virtual meeting etiquette is a whole new ball game compared to in-person meetings, as many folks are learning this week!

To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips.

1. Leave the keyboard alone
2. Dress appropriately
3. Be aware of your surroundings
4. Mute your microphone when you're not talking
5. No food allowed
6. Stay seated and stay present
7. Minimize Distractions

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest

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## WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

**DIVINE LITURGY 10:00 am**

**Please join our service from your computer, tablet or smartphone**



<https://global.gotomeeting.com/join/599263317>

10-та неділя по П'ятидесятниці. Голос 1

10th Sunday after Pentecost. Tone 1

**Sunday, August 16, 2020**



## SCRIPTURE READING

### Matthew 17:14-23 (*Gospel*)

And when they had come to the multitude, a man came to Him, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So, I brought him to Your disciples, but they could not cure him." Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting." Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up." And they were exceedingly sorrowful.

## Євангеліє від Матвія (17:14-23)

І як вони до народу прийшли, то до Нього один чоловік приступив, і навколішки впав перед Ним, і сказав: Господи, змилуйсь над сином моїм, що біснується у новомісяччі, і мучиться тяжко, бо почасти падає він ув огонь, і почасти в воду. Я його був привів до учнів Твоїх, та вони не могли вздоровити його. А Ісус відповів і сказав: О роде невірний й розбещений, доки буду Я з вами? Доки вас Я терпітиму? Приведіть до Мене сюди його! Потому Ісус погрозив йому, і демон вийшов із нього. І видужав хлопець тієї години! Тоді підійшли учні насамоті до Ісуса й сказали: Чому ми не могли його вигнати? А Він їм відповів: Через ваше невірство. Бо поправді кажу вам: коли будете ви мати віру, хоч як зерно гірчичне, і горі оцій скажете: Перейди звідси туди, то й перейде вона, і нічого не матимете неможливого! Цей же рід не виходить інакше, як тільки молитвою й постом. Коли пробували вони в Галілеї, то сказав їм Ісус: Людський Син буде виданий людям до рук, і вони Його вб'ють, але третього дня Він воскресне. І тяжко вони зажурились...



### 1 Corinthians 4:9-16 (*Epistle*)

For I think that God has displayed us, the apostles, last, as men condemned to death; for we have been made a spectacle to the world, both to angels and to men. We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are distinguished, but we are dishonored! To the present hour we both hunger and thirst, and we are poorly clothed, and beaten, and homeless. And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure; being defamed, we entreat. We have been made as the filth of the world, the offscouring of all things until now. I do not write these things to shame you, but as my beloved children I warn you. For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel. Therefore, I urge you, imitate me.



### YOU CANNOT DO ANYTHING WITHOUT GOD CONNECT TO GOD THROUGH PRAYER

*If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. John 15:5 "And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert*

*and always keep on praying for all the saints." – Ephesians 6:18*

Dear brothers and sisters in Christ -Prayer may best be defined as our mortal method of communicating with the Immortal One. Some people feel comfortable approaching prayer by reading from a prayer book. Others are very much at ease speaking to God on a more informal, personal level. What is most important is that we approach our Heavenly Father in a respectful manner, confident that our petitions are always heard and our requests are always answered, even if the answer to our prayers may be "no" at times. St. John Chrysostom, the famous Church Father, called prayer "a support for the weak, a treasure for the poor, a defense for the rich, a medicine for the sick and a preservative for the healthy." Saint John of Kronstadt had this to say concerning the necessity of prayer in our lives: "it is absolutely essential that we pray in order to support the life of the soul, just as we support the life of our bodies with proper nourishment." Christ Himself is seen in prayer on numerous occasions throughout the Gospel. In the Garden of Gethsemane, He placed His life in the hands of His Father as He uttered these powerful words. "Not my will, but thine be done." What a wonderful relationship we have with God. He will never abandon us, for we are His children. No matter what our needs may be, "He is only a prayer away." "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Matthew 11:28.

**EXTRA PRAYER:** When the world falls down around you, \* And a prayer will see you through, \* Say an extra prayer for someone, \* Who may need it more than you. \* For who know what hearts are breaking, \* In the silence of the night? \* Just that extra prayer you whisper, \* May help someone see the light! \* Every time you help a stranger, \* With an extra prayer - or two - \* You are building secret blessings, \* That will come back to you! (Nick Kenny).

## TODAY'S ANNOUNCEMENTS



**SUNDAY IS THE LORD'S DAY:** We believe that attending the services in person or on line and practicing Spirituality adds Hope, Meaning and Motivation to our Life.



**WORSHIP:** Having gathered together in the name of Jesus Christ, we worship Him individually as believers and publicly as a church family. The Worship of the Orthodox Church vividly expresses the truth that God dwells among His people and that we are created to share in His life.



**SO MANY THINGS HAVE BEEN CANCELLED, BUT...** The Sun has not been cancelled. Friendship has not been cancelled. Love has not been cancelled. Conversation has not been cancelled. Hope has not been cancelled. Prayer has not been cancelled. God's listening has not been cancelled.

**HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL** - is now open for Sunday service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to **32**; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

**TO REGISTER FOR SUNDAY SERVICE** please call **604-876-4747** or email [holytrinityuocvancouver@gmail.com](mailto:holytrinityuocvancouver@gmail.com) by **NOON Friday before the Sunday** on which you wish to attend.

**IMPORTANT:** Registration does not guarantee attendance. You will be advised if you may attend. Every effort is being made to allow everyone who wishes an equal opportunity to attend a Sunday service.

**DOORS OPEN SUNDAY MORNING** at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM may lose their spot that Sunday.

**DONATION ON LINE:** To make donation please visit our website at [www.uocvancouver.com](http://www.uocvancouver.com) For those attending Church, a donation basket is located at the exit door. Your donations are deeply appreciated.

**DONATIONS RECEIVED** - \$1000 from Paulette and Jorek Hucul; \$1020 from Margaret and Jack Carley; \$500 from Mary Ann and Walter Pylypchuk; \$500 from Philip Ackrill; \$500 from Amelia and William Chucko; \$450 from Audrey Sojonky; \$400 from Elizabeth Kaminsky; \$200 from Jean and Tony Yaremko; \$200 from Gloria and Wally Shoemay; \$200 from Wally Hawryshkewich; \$200 from Valerie Cameron; \$200 from Lana Skrypnik; \$165 from Elena and James Edwards. Thank you and may Almighty God reward you with His Divine Grace.



**TAKE OUT SALE:** Frozen perogies are available. To place your order, call the office at 604-876-4747 or email [holytrinityuocvancouver@gmail.com](mailto:holytrinityuocvancouver@gmail.com)

**SUNDAY BULLETIN** - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at [rtsaplan@yahoo.ca](mailto:rtsaplan@yahoo.ca) by no later than Friday morning.

**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY**

Look what C.S. Lewis said in 1942. I just read it and got chills, and joy come over me.

