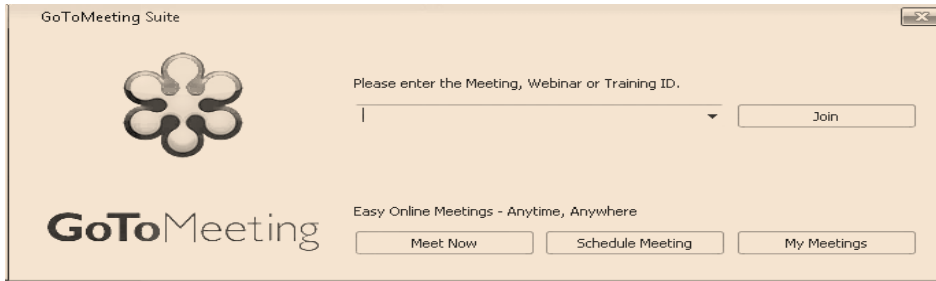


How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>



Etiquette Every Person Should Know

As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations.

While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas.

Virtual meeting etiquette is a whole new ball game compared to in-person meetings, as many folks are learning this week!

To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips.

1. Leave the keyboard alone
2. Dress appropriately
3. Be aware of your surroundings
4. Mute your microphone when you're not talking
5. No food allowed
6. Stay seated and stay present
7. Minimize Distractions

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com



WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

DIVINE LITURGY 10:00 am

**OUR DOORS ARE OPEN AGAIN
COME IN AND JOIN US**

**If you are unable to do so
join us online**

<https://global.gotomeeting.com/join/580862589>



12-та неділя по Пятидесятниці. Голос 3
12th Sunday after Pentecost. Tone 3
Sunday, August 30, 2020



SCRIPTURE READING

Matthew 19:16-26 (*Gospel*)

Now behold, one came and said to Him, “Good Teacher, what good thing shall I do that I may have eternal life?” So, He said to him, “Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments.” He said to Him, “Which ones?” Jesus said, “‘You shall not murder,’ ‘You shall not commit adultery,’ ‘You shall not steal,’ ‘You shall not bear false witness,’ ‘Honor your father and your mother,’ and, ‘You shall love your neighbor as yourself.’” “The young man said to Him, “All these things I have kept from my youth. What do I still lack?” Jesus said to him, “If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me.” But when the young man heard that saying, he went away sorrowful, for he had great possessions. Then Jesus said to His disciples, “Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven. And again, I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God. When His disciples heard it, they were greatly astonished, saying, “Who then can be saved?” But Jesus looked at them and said to them, “With men this is impossible, but with God all things are possible.”

Недільна Євангелія від Матвія 19:16-26

І підійшов ось один, і до Нього сказав: Учителю Добрий, що маю зробити я доброго, щоб мати життя вічне? Він же йому відказав: Чого звеш Мене Добрим? Ніхто не є Добрий, крім Бога Самого. Коли ж хочеш ввійти до життя, то виконай заповіді. Той питає Його: Які саме? А Ісус відказав: Не вбивай, не чини перелюбу, не кради, не свідкуй неправдиво. Шануй батька та матір, і: Люби свого ближнього, як самого себе. Говорить до Нього юнак: Це я виконав все. Чого ще бракує мені? Ісус каже йому: Коли хочеш бути досконалим, піди, продай добра свої та й убогим роздай, і матимеш скарб ти на небі. Потому приходь та й іди вслід за Мною. Почувши ж юнак таке слово, відійшов, зажурившись, бо великі маєтки він мав. Ісус же сказав Своїм учням: Поправді кажу вам, що багатому трудно ввійти в Царство Небесне. Іще вам кажу: Верблюдові легше пройти через голчине вушко, ніж багатому в Боже Царство ввійти! Як учні ж Його це зачули, здивувалися дуже й сказали: Хто ж тоді може спастися? А Ісус позирнув і сказав їм: Неможливе це людям, та можливе все Богові.

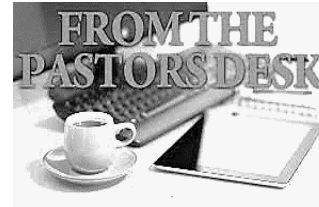


Corinthians 15:1-11 (*Epistle*)

Moreover, brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand, by which also you are saved, if you hold fast that word which I preached to you – unless you believed in vain. For I delivered to you first of all

that which I also received: that Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day according to the Scriptures, and that He was seen by

Cephas, then by the twelve. After that He was seen by over five hundred brethren at once, of whom the greater part remain to the present, but some have fallen asleep. After that He was seen by James, then by all the apostles. Then last of all He was seen by me also, as by one born out of due time. For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was with me. Therefore, whether it was I or they, so we preach and so you believed.



A MESSAGE FROM THE PASTOR

Dear Parishioners and Friends -Time flies by very fast, autumn is right around the corner. This is a time when children begin the new school year and parents and grandparents will register their children for Sunday School classes. It is very important, Our Children Are Our Future.

“I’m glad my children have grown up. I would hate to be raising them in today’s world.” How often do we hear this sentiment expressed in our material, immoral society? Trying to instill spiritual values in the new generation of young people is seemingly an insurmountable challenge. Where do we turn for guidance as we attempt to keep our children on a proper path, a path that will enable them to establish a foundation in their lives which is firmly planted on knowing right from wrong.

There are no new answers to that question, no new approaches to take. Indeed, to deal with the problem of the present, we must look back at the solution the Church has offered in the past. Moral truth can never change, no matter what may be going on in the world around us. The enduring teachings of Church Fathers still must be our “resource manual” for correctly raising our children. Here are a few wise thoughts that have been passed down to us. *“If from the beginning we fix good rules for our children, good habits will be formed. Let us not allow them to do what may be agreeable, but hurtful to them. We may need to admonish them and warn them. Remember: we are charged to keep our children free from evil.”*

-St. John Chrisostom. “Rear your children in the Lord. Teach them from their infancy the Word of God. Discipline them when needed, and render them respectful to authority.”

-The Apostolic Constitutions “Teach your children this lesson: the rewards of evil are temporary. The rewards from Godliness are eternal.” – St. Cyprian

EXTRA PRAYER: When the world falls down around you, * And a prayer will see you through, * Say an extra prayer for someone, * Who may need it more than you. * For who know what hearts are breaking, * In the silence of the night? * Just that extra prayer you whisper, * May help someone see the light! * Every time you help a stranger, * With an extra prayer - or two - * You are building secret blessings, * That will come back to you! (Nick Kenny).

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and

bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

TODAY'S ANNOUNCEMENTS



SUNDAY IS THE LORD'S DAY: We believe that attending the services in person or on line and practising Spirituality adds Hope, Meaning and Motivation to our Life.

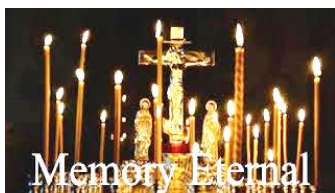


WORSHIP: Having gathered together in the name of Jesus Christ, we worship Him individually as believers and publicly as a church family. The Worship of the Orthodox Church vividly expresses the truth that God dwells among His people and that we are created to share in His life.



TODAY - Our regular schedule of services. During the Divine Liturgy we will ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.

WE PRAY for those who have died recently - Olga Mamczur and Andriy Kominko. May God take them to himself and may they live in his presence forever.

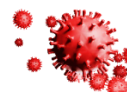


IT IS WITH BROKEN HEARTS that we would like to inform the Ukrainian community that on Thursday, August 27th, 2020 passed away Andriy Kominko after a difficult battle with cancer. Andriy died peacefully in his sleep with his daughter Sofiya holding him and passing on words of love. Andriy always said that life is beautiful, even at the very end. We ask you to pray for his soul to remain at peace.

СИМ'Я ТА БЛИЗЬКІ Андрія Комінко хочуть проінформувати українську спільноту Ванкуверу, що в четвер, 27 серпня, 2020 пішов спочивати люблячий батько, син, та друг Андрій після тривалої боротьби з важкою недугою. Андрій увійшов в царство небесне увічні з дочкою Софією поряд. Андрій завжди говорив, що життя прекрасне, навіть в останні дні свого життя. Просимо помолитися за спасіння та упокоєння його душі.



PASSING OF OLGA MAMCZUR: With deep sadness, we announce the passing of our dear friend and long-term member Olga Mamczur last week from Covid 19 complications. The funeral will be held on Friday, September 4th at 11:00 am in the Cathedral, followed by burial at Forest Lawn Cemetery at 1pm. May she rest in Peace. Vichnaya Pamyat'.



SO MANY THINGS HAVE BEEN CANCELLED, BUT... The Sun has not been cancelled. Friendship has not been cancelled. Love has not been cancelled. Conversation has not been cancelled. Hope has not been cancelled. Prayer has not been cancelled. God's listening has not been cancelled.

HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL - is now open for Sunday service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to 32; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

TO REGISTER FOR SUNDAY SERVICE please call 604-876-4747 or email holytrinityuocvancover@gmail.com by NOON Friday before the Sunday on which you wish to attend.

IMPORTANT: Registration does not guarantee attendance. You will be advised if you may attend. Every effort is being made to allow everyone who wishes an equal opportunity to attend a Sunday service.

DOORS OPEN SUNDAY MORNING at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM may lose their spot that Sunday.

DONATIONS RECEIVED - \$200 from Jean Yaremko; \$200 from Nettie Holonko; \$50 from Daniel Lisk. Thank you and may Almighty God reward you with His Divine Grace.

DONATION ON LINE: To make donation please visit our website at www.uocvancover.com For those attending Church, a donation basket is located at the exit door. Your donations are deeply appreciated.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR OR PHONE our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realise your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



TAKE OUT SALE: Frozen perogies are available. To place your order, call the office at 604-876-4747 or email holytrinityuocvancover@gmail.com

SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rtsaplan@yahoo.ca by no later than Friday morning.

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY