

How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесть серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертівністю піклється про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесть згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

LIVE STREAM WORSHIP SERVICE
EVERY SUNDAY 10:00 am



<https://global.gotomeeting.com/join/350736357>



15-а неділя після Пятидесятниці. Голос 6
15th Sunday after Pentecost. Tone 6

Sunday, October 3, 2021

SCRIPTURE READING

Luke 6:31-36 (*Gospel*)



And just as you want men to do to you, you also do to them likewise. But if you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners to receive as much back. But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. Therefore, be merciful, just as your Father also is merciful.

2 Corinthians 4:6-15 (*Epistle*)



For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us. We are hard-pressed

on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed – always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you. For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

Meditation on God's Word: "In the image and likeness of God."

Dear Parishioners and Friends, whether we like it or not (most of us not), a mirror does



not lie. It always shows us exactly as we are, flaws and all. A mirror merely reflects our real and true self. The Book of Genesis tell us that we have been made "in the image and likeness of God." In like manner, those who profess to be Orthodox Christians are said to be "mirror images" of our Lord. In other words, those around us should be able to look at us and see the reflection of

Christ. All of our thoughts, words, deeds and feelings should be consistent with His actions. To put it simply, Christ must be constantly visible in us.

It is important to note that this does not happen without effort on our part. To reach the point where we can confidently say that we are "Christ's reflection" requires a great deal of attention. Only through prayer, fasting, reading the Scriptures and Living the Gospel can this be accomplished, we cannot be Christ-like if He does not dwell in our heart!

We should allow God to mold and shape us into what He wants us to be. We are the masterpiece of His creation – "diamonds in the rough" – waiting to be refined and polished by our Creator.

As the beginning of the new Ecclesiastical Church Year started recently on Tuesday, September 14th we should all strive to become Orthodox Christians who will truly reflect, with glory, the image of God that lies deep within all of us.

God Bless You All and I hope to see you in church on Sunday.

Fr. Roman

**We do not know what the future holds,
but Christians know, who holds the future.**

TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.



Please remember your mask and to respect physical distancing with those around you.



HOLY CONFESSION: True repentance involves much more than merely saying "I'm sorry" to God for past transgressions. A sincerely repentant person is one who is willing to undergo a total, complete change of life, casting aside forever their former sinful ways. As we struggle to make our life more pleasing to God, may we remember the example of our Holy Fathers and the teaching of our Church.



TODAY - Our regular schedule of services. During the Liturgy, we continue to pray for our brothers and sisters in Ukraine. We also offer prayers for those who are sick, alone or long-term housebound, especially, Liz Kaminsky, Harry Smith, John Sotnyk and Anns Khyzhniak.



THIS SUNDAY'S READERS ARE: Anna Zubchenko; Creed and Lord's Prayer: Patricia Bhandari; Prayer before Holy Communion: Amir.

PRAYERS FOR HEALTH: We shall offer prayers for the health and well-being of Liz Kaminsky, Harry Smith, Victor, Vlad, Lynne Blake, John Sotnyk, Rev. Oleh and Dobr. Maria Krawchenko; John, Natalka, Julia, Katherine, Andrew and Alexander Mayba. Oles, Lesia, Luba and Kolya, Lena, Yuriy and Volodymyr. May they be blessed with good health and graced with happiness.



PANAKHYDA WILL BE SERVED today in memory of ZENOVIA MIROSLAVA POTAPCHUK and ANNA SAVYTSKA to commemorate 9th years and 26th years since their passing. We ask God, once again, to place the departed with the saints and to restore the beauty of being created in the image and likeness of God by wiping away the sins of the departed. **Memory Eternal! Вічна Память!**



THE LIGHTING OF A CANDLES: Symbol that represents the Light of God or, more specifically, the Light of Christ. The lighting of a Memorial Candle provides a gesture of sympathy and support to the family. Friends are invited to participate in the service by holding the candles.



FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in Fellowship Coffee Hour in the Auditorium immediately following the Liturgy. **Covid protocols will be observed.** Volunteers are also needed to prepare coffee/food items for the Fellowship Hour.

HARRY SMITH: Our long-time member, Harry Smith, is at a care home in Langley and has limited mobility. He would greatly appreciate a telephone call from Parish members. Please do give Harry a call and cheer him up with news about yourself and the Parish. He would be so pleased to hear from you

Sunday School is Cool



the Liturgy.



SUNDAY SCHOOL: From September through to June, Sunday School classes are offered at the pre-school, kindergarten and intermediate levels. Classes occur each Sunday from 10:00 am to 11:00 am in the lower level of the Cathedral. At 11:00 am, the children come into the Church to attend the balance of

UKRAINIAN SCHOOL: Classes are held each Sunday after the service. To enrol your children or grandchildren, please call the office at 604-876-4747. Parents are urged to bring their children to both Sunday and Ukrainian School.

**THE AKATHIST HYMN
TO THE MOTHER OF GOD**



OCTOBER 6, WEDNESDAY: 10:00 am Akathist to the Mother of God and Catechetical discussions for those embracing the Orthodox Faith. Please call Fr. Roman for details 778-239-6252.



BAPTISM, WEDDINGS, MEMORIAL SERVICES, BLESSING OF HOMES, PASTORAL VISITS or SPIRITUAL COUNSELLING: Please use the cards at the candle table to request a visit with Fr. Roman or call him directly to arrange a time for services, counselling or discussion 778-239- 6252.

SATURDAY AFTERNOON FOOD SALES – VOLUNTEERING: Friday Night Suppers are still suspended until further notice; however, Vancouver Coastal Health has permitted us to make and sell Ukrainian food for takeout. If you wish to volunteer with making Ukrainian food and/or Saturday Afternoon Sales please contact one of the following people for more details: Marcia Moroz (604 553-2112) or Elena Murgoci or Daniel Moroz Lisk or email: ukrainianfood@uocvancouver.com.



DONATIONS RECEIVED: \$130 from Halyna Bortnik; \$300 from Gloria Katnick; \$100 from Philip Ackrill. Thank you and may Almighty God reward you with His Divine Grace.

DONATION ONLINE: To make donations, please visit our website at www.uocvancouver.com Your donations are deeply appreciated.

SUNDAY OFFERINGS: Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: www.uocvancouver.com


DAILY VISITORS LOG: If you plan to come to Holy Trinity on a weekday, please advise the office at 604-876-4747. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

URGENT – HELP NEEDED: The Sisterhood of the Parish is urgently in need of new members. Their work is at the heart of our church life and Liturgical services. We urge our female members to seriously consider becoming part of this essential group. For more information, please contact Jean Yaremko at 604-434-1743 or at tyaremko@telus.net

CHURCH MEMBERSHIP: We warmly welcome all worshippers. We also encourage everyone to become a member. By doing this, you will not only support Holy Trinity Cathedral but also the Consistory of the UOCC and the Western Eparchy. Please feel free to approach the Priest or any member of the Executive Board to discuss membership and to obtain a copy of the Membership Application Form.

MEMBERSHIP DUES: Parishioners are reminded that their 2021 Membership Dues (Family - \$200; Singles - \$105 unchanged from 2020) are payable now.

 **SUNDAY BULLETIN** - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rttsaplan@yahoo.ca by no later than Friday morning.

AUDITORIUM RENTALS: Please call 604-876-4747 or visit our website www.uocvancouver.com

THANK YOU for attending the service and we hope that you have received inspiration and comfort by participating in this Divine Liturgy and we invite you to come again.