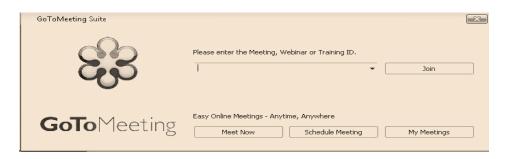
How to use GoToMeeting Step by step with Screenshots

http://www.quicksetupguide.com/others/gotomeeting1.htm



Etiquette Every Person Should Know

As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, costeffective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings, as many folks are learning this week! To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips.

Leave the keyboard alone

 Dress appropriately
 Be aware of your surroundings

 Mute your microphone when you're not talking

 No food allowed
 Stay seated and stay present
 Minimize Distractions

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL 154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest Office: 604-876-4747 Cell: 778-239-6252 E-mail: rttsaplan@yahoo.ca Website: www. uocvancouver.com



WORSHIP SERVICE SCHEDULE Reading of Hours: 9:45 am DIVINE LITURGY 10:00 am

OUR DOORS ARE OPEN AGAIN COME IN AND JOIN US

If you are unable to do so join us online

https://global.gotomeeting.com/join/350762629



15-та неділя по П'ятидесятниці. Голос 6 15th Sunday after Pentecost. Tone 6 Sunday, September 20, 2020



SCRIPTURE READING

Matthew 22:35-46 (Gospel)

Then one of them, a lawyer, asked Him a ques-

tion, testing Him, and saying, "Teacher, which is the great commandment in the law?" Jesus said to him, "'You shall love the LORD your God with all your heart, with all your soul, and with all your mind. 'This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the Law and the Prophets. "While the Pharisees were gathered together, Jesus asked them, saying, "What do you think about the Christ? Whose Son, is He?" They said to Him, "The Son of David. "He said to them, "How then does David in the Spirit call Him 'Lord,' saying: 'The LORD said to my Lord, sit at My right hand, till I make Your enemies Your footstool'? If David then calls Him 'Lord,' how is He his Son? "And no one was able to answer Him a word, nor from that day on did anyone dare question Him anymore.

Недільна Євангелія від Матвія 22:35-46

I спитався один із них, учитель Закону, Його випробовуючи й кажучи: ³⁶ Учителю, котра заповідь найбільша в Законі? ³⁷ Він же промовив йому: Люби Господа Бога свого всім серцем своїм, і всією душею своєю, і всією своєю думкою. ³⁸ Це найбільша й найперша заповідь. ³⁹ А друга однакова з нею: Люби свого ближнього, як самого себе. ⁴⁰ На двох оцих заповідях увесь Закон і Пророки стоять. ⁴¹ Коли ж фарисеї зібрались, Ісус їх запитав, ⁴² і сказав: Що ви думаєте про Христа? Чий Він син? Вони Йому кажуть: Давидів. ⁴³ Він до них промовляє: Як же то силою Духа Давид Його Господом зве, коли каже: ⁴⁴ Промовив Господь Господеві моєму: сядь праворуч Мене, доки не покладу Я Твоїх ворогів підніжком ногам Твоїм. ⁴⁵ Тож, коли Давид зве Його Господом, як же Він йому син? ⁴⁶ І ніхто не спромігся відповісти Йому ані слова... І ніхто з того дня не наважувався більш питати Його.



2 Corinthians 4:6-15 (Epistle)

For it is the God who commanded light to shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this

treasure in earthen vessels, that the excellence of the power may be of God and not of us. We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed –always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus also may be manifested in our mortal flesh. So then death is working in us, but life in you. And since we have the same spirit of faith, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak, knowing that He who raised up the Lord Jesus will also raise us up with Jesus, and will present us with you. For all things are for your sakes, that grace, having spread through the many, may cause thanksgiving to abound to the glory of God.

Друге послання апостола Павла до коринфян 4:6-15

Бо Бог, що звелів був світлу засяяти з темряви, у серцях наших засяяв, щоб просвітити нам знання слави Божої в Особі Христовій. ⁷ А ми маємо скарб цей у посудинах глиняних, щоб велич сили була Божа, а не від нас. ⁸ У всьому нас тиснуть, та не потиснені ми; ми в важких обставинах, але не впадаємо в розпач. ⁹ Переслідують нас, але ми не полишені; ми повалені, та не погублені. ¹⁰ Ми завсіди носимо в тілі мертвість Ісусову, щоб з'явилося в нашому тілі й життя Ісусове. ¹¹ Бо завсіди нас, що живемо, віддають на смерть за Ісуса, щоб з'явилось Ісусове в нашому смертельному тілі. ¹² Тому то смерть діє в нас, а життя у вас. ¹³ Та мавши того ж духа віри, за написаним: Вірував я, через те говорив, і ми віруємо, тому то й говоримо, ¹⁴ знавши, що Той, Хто воскресив Господа Ісуса, воскресить з Ісусом і нас, і поставить із вами. ¹⁵ Усе бо для вас, щоб благодать, розмножена через багатьох, збагатила подяку на Божу славу

EXTRA PRAYER: When the world falls down around you, * And a prayer will see you through, * Say an extra prayer for someone, * Who may need it more than you. * For who know what hearts are breaking, * In the silence of the night? * Just that extra prayer you whisper, * May help someone

see the light! * Every time you help a stranger, * With an extra prayer - or two - * You are building secret blessings, * That will come back to you! (Nick Kenny).

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

TODAY'S ANNOUNCEMENTS



SUNDAY IS THE LORD'S DAY: We believe that attending the services in person or on line and practicing Spirituality adds Hope, Meaning and Motivation to our Life.



WORSHIP: Having gathered together in the name of Jesus Christ, we worship Him individually as believers and publicly as a church family. The Worship of the Orthodox Church vividly expresses the truth that God dwells among His people and that we are created to share in His life.



TODAY - Our regular schedule of services. During the Divine Liturgy we will ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.

DAILY VISITORS LOG: If you plan to come to Holy Trinity Ukrainian Orthodox Auditorium during the weekday please let the office know. Upon entry sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

QUARTERLY MEETING: Notice is hereby given that a Quarterly Meeting of the Holy Trinity Ukrainian Orthodox Cathedral membership will be held on Sunday, September 27, 2020 at 12 noon via GoTo software.

SO MANY THINGS HAVE BEEN CANCELLED, BUT... The Sun has not been cancelled. Friendship has not been cancelled. Love has not been cancelled. Conversation has not been cancelled. Hope has not been cancelled. Prayer has not been cancelled. God's listening has not been cancelled.

HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL - is now open for Sunday

service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to 32; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

TO REGISTER FOR SUNDAY SERVICE please call 604-876-4747 or email holytrinityuocyancouver@gmail.com by NOON Friday before the Sunday on which you wish to attend.

IMPORTANT: Registration does not guarantee attendance. You will be advised if you may attend. Every effort is being made to allow everyone who wishes an equal opportunity to attend a Sunday service.

DOORS OPEN SUNDAY MORNING at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM might lose their spot that Sunday.

DONATION ON LINE: To make donations, please visit our website at <u>www.uocvancouver.com</u> For those attending Church, a donations basket is located at the exit door. Your donations are deeply appreciated.

DONATIONS RECEIVED - \$200 Maisie Lam. Thank you and may Almighty God reward you with His Divine Grace.

SATURDAY AFTERNOON SALES (SAS) of Ukrainian Food has begun! Our FNS Committee would like to thank those volunteers who participated in our first SAS on September 12th. Those volunteers were: Larisa Andrushko, Karina Kozlova, Liz Kaminsky, Daniel Moroz-Lisk, Marcia Moroz and Elena Murgoci. The availability of food items will change over time. Our "Saturday Afternoon Sales" takes place between 2:00-5:00pm. To purchase your food, please come to the kitchen entrance where signage is visible. If you would like to be on our weekly notice, please email: <u>ukrainianfood@vancouver.com</u> requesting to be added to the "Loyal Patrons" list.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR OR PHONE our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.

SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at <u>rttsaplan@vahoo.ca</u> by no later than Friday morning.

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.



HAPPY 101ST BIRTHDAY to Stella Shulhan! You are truly blessed; you have lived 101 years. This is a time when you say, "I've done my part and the fun begins". Wishing you many more years of good health, happiness and God's blessing. Happy 101st birthday!



THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY