

How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертвністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

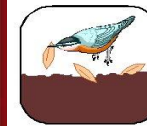
LIVE STREAM WORSHIP SERVICE
EVERY SUNDAY 10:00 am

<https://global.gotomeeting.com/join/322753837>

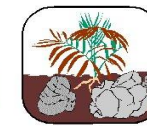


The Parable of the Sower

The Seed is the Word of God



The Path



The Rocky Soil



The Weedy Soil



The Good Soil

What type of Soil are You?
Is God Growing in Your Heart?

17-a неділя після Пятидесятниці
17th Sunday after Pentecost

Sunday, October 17, 2021

SCRIPTUREREADING

Luke 8:5-15 (*Gospel*)



A sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trampled down, and the birds of the air devoured it. Some fell on rock; and as soon as it sprang up, it withered away because it lacked moisture. And some fell among thorns, and the thorns sprang

up with it and choked it. But others fell on good ground, sprang up, and yielded a crop a hundred-fold." When He had said these things He cried, "He who has ears to hear, let him hear!" Then His disciples asked Him, saying, "What does this parable mean?" And He said, "To you it has been given to know the mysteries of the kingdom of God, but to the rest it is given in parables, that 'Seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be saved. But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. But the ones that fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience.

Євангеліє від Луки 8:5-15

Ось вийшов сіяч, щоб посіяти зерно своє. І, як сіяв, упало одне край дороги, і було повитоптуване, а птахи небесні його повидзьобували. ⁶ Друге жупало на ґрунт кам'янистий, і, зійшовши, усохло, не мало бо вогкости. ⁷ А інше упало між терен, і вигнався терен, і його поглишив. ⁸ Інше жупало на добрую землю, і, зійшовши, уродило стократно. Це сказавши, закликав: Хто має вуха, щоб слухати, нехай слухає! ⁹ Запитали ж Його Його учні, говорячи: Що визначає ця притча? ¹⁰ А Він відказав: Вам дано пізнати таємниці Божого Царства, а іншим у притчах, щоб дивились вони і не бачили, слухали і не розуміли. ¹¹ Ось що означає ця притча: Зерно це Боже Слово. ¹² А котрі край дороги, це ті, хто слухає, але потім приходять диявол, і забирає слово з їхнього серця, щоб не вірували й не спаслися вони. ¹³ А що на кам'янистому ґрунті, це ті, хто тільки почує, то слово приймає з радістю; та кореня не мають вони, вірують дочасно, і за час випробовування відпадають. ¹⁴ А що впало між терен, це ті, хто слухає слово, але, ходячи, бувають

придушені клопотами, та багатством, та життєвими розкошами, і плоду вони не дають. ¹⁵ А те, що на добрій землі, це оті, хто як слово почує, береже його в щирому й доброму серці, і плід приносять вони в терпеливост



2 Corinthians 6:16-7:1 (*Epistle*)

And what agreement has the temple of God with idols? For you are the temple of the living God. As God has said: "I will dwell in them and walk among them. I will be their God, and they shall be My people." Therefore "Come out from among them and be separate, says the Lord. Do not touch what is unclean, and I will receive you." "I will be a Father to you, and you shall be My sons and daughters, says the LORD Almighty." Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

Друге послання апостола Павла до коринфян 6:16-7:1

Або яка згода між Божим храмом та ідолами? Бо ви храм Бога Живого, як Бог прорік: Поселюсь серед них і ходитиму, і буду їм Богом, а вони будуть народом Моїм! ¹⁷ Вийдіть тому з-поміж них та й відлучіться, каже Господь, і не торкайтесь нечистого, і Я вас прийму, ¹⁸ і буду Я вам за Отця, а ви за синів і дочок Мені будете, говорить Господь Вседержитель! ¹ Отож, мої любі, мавши ці обітниці, очистьмо себе від усякої нечисти тіла та духа, і творімо святиню у Божім страху!

YOU CANNOT DO ANYTHING WITHOUT GOD

CONNECT TO GOD THROUGH PRAYER



If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. John 15:5

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints." – Ephesians 6:18

Dear brothers and sisters in Christ - Prayer may best be defined as our mortal method of communicating with the Immortal One. Some people feel comfortable approaching prayer by reading from a prayer book. Others are very much at ease speaking to God on a more informal, personal level. What is most important is that we approach our Heavenly Father in a respectful manner, confident that our petitions are always heard and our requests are always answered, even if the answer to our prayers may be "no" at times.

St. John Chrysostom, the famous Church Father, called prayer "a support for the weak, a treasure for the poor, a defense for the rich, a medicine for the sick and a preservative for the healthy." Saint John of Kronstadt had this to say concerning the necessity of prayer in our lives: "it is absolutely essential that we pray in order to support the life of the soul, just as we support the life of our bodies with proper nourishment."

Christ Himself is seen in prayer on numerous occasions throughout the Gospel. In the Garden of Gethsemane, He placed His life in the hands of His Father as He uttered these powerful words. "Not my will, but thine be done."

What a wonderful relationship we have with God. He will never abandon us, for we are His children. No matter what our needs may be, "He is only a prayer away." ***"Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Matthew 11:28.***

If you are lonely, tired, hurting or looking for peace, hope and love; if you are looking to learn more about God, find your church home with us. Come and join us this week.

I hope to see you soon.

Fr. Roman

**We do not know what the future holds,
but Christians know, who holds the future.**

TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.



Please remember your mask and to respect physical distancing with those around you.



HOLY CONFESSION: True repentance involves much more than merely saying "I'm sorry" to God for past transgressions. A sincerely repentant person is one who is willing to undergo a total, complete change of life, casting aside forever their former sinful ways. As we struggle to make our life more pleasing to God, may we remember the example of our Holy Fathers and the teachings of our Church.

17th SUNDAY AFTER PENTECOST — Tone 8. Martyr Susanna, Princess of Georgia (5th c.). Prophet Hosea (820 B.C.). Monastic Martyr Andrew of Crete (767). Ven. Anthony, Abbot of Leokhnovsk (Novgorod—1611). Martyrs Cosmas and Damian in Cilicia, and their brothers, Leontius, Anthimus, and Eutropius (287 or 303). Translation of the Relics of St. Lazarus "of the four days" (in the tomb), Bishop of Kition on Cyprus (898).



TODAY - Our regular schedule of services. During the Liturgy we ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.



THIS SUNDAY'S READERS ARE: Creed: Nikita Gurkov; Lord's Prayer: Patricia Bhandari; Prayer before Holy Communion: Amir.



PRAYERS FOR HEALTH: We shall offer prayers for the health and well-being of

Irena Raviv
Amelia and William Chucko
Stella Shulhan
Anna Khyzhniak
Liz Kaminsky
Harry Smith
Victor
Vlad

Elena
Lynne Blake
John Sotnyk
Rev. Oleh and Dobr. Maria Krawchenko
John, Nataalka, Julia, Katherine, Andrew and Alexander Mayba
Oles, Lesia, Luba and Kolya
Lena, Yuriy and Volodymyr.

GET WELL to our Parishioners who are ill and recuperating. Our thoughts and prayers are with you always, may you get well very soon. Please let Father Roman know of anyone who is ill or needing prayers.



PANAKHYDA WILL BE SERVED today in memory LYDIA TKACHENKO to commemorate 9 days since their passing. We ask God, once again, to place the departed with the saints and to restore the beauty of being created in the image and likeness of God by wiping away the sins of the departed. **Memory Eternal! Вічна Память!**



LIGHTING OF A CANDLE: Symbol that represents the Light of God or, more specifically, the Light of Christ. Lighting a Memorial Candle provides a gesture of sympathy and support to the family. Friends are invited to participate in the service by holding the candles.



FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in Fellowship Coffee Hour, in the Auditorium, immediately following the Liturgy. **Covid protocols will be observed.** Volunteers are also needed to prepare coffee/food items for the Fellowship Hour.



EXECUTIVE BOARD MEETING: A meeting of the Parish Board is scheduled for Monday, October 18th at 6pm; online.

THE AKATHIST HYMN
TO THE MOTHER OF GOD



OCTOBER 20, WEDNESDAY: 10:00 am Akathist to the Mother of God and Catechetical discussions for those embracing the Orthodox Faith. Please call Fr. Roman for details 778-239-6252.

HARRY SMITH: Our long-time member, Harry Smith, is at a care home in Langley and has limited mobility. He would greatly appreciate a telephone call from Parish members. Please do give Harry a call and cheer him up with news about yourself and the Parish. He would be so pleased to hear from you. Harry's phone number is: 604-546-0029.

Sunday School is Cool



SUNDAY SCHOOL: From September through to June, Sunday School classes are offered at the pre-school, kindergarten and intermediate levels. Classes occur each Sunday from 10:00 am to 11:00 am in the lower level of the Cathedral. At 11:00 am, the children come into the Church to attend the balance of

the Liturgy.



UKRAINIAN SCHOOL: Classes are held each Sunday after the service. To enrol your children or grandchildren, please call the office at 604-876-4747. Parents are urged to bring their children to both Sunday and Ukrainian School.



BAPTISM, WEDDINGS, MEMORIAL SERVICES, BLESSING OF HOMES, PASTORAL VISITS or SPIRITUAL COUNSELLING: Please use the cards at the candle table to request a visit with Fr. Roman or call him directly to arrange a time for services, counselling or discussion 778-239- 6252.

DONATIONS RECEIVED: \$100 from Angela Bober; \$100 from Philip Ackrill; \$100 from Vlad Bortnik; Thank you and may Almighty God reward you with His Divine Grace.

DONATION ONLINE: To make donations, please visit our website at www.uocvancouver.com Your donations are deeply appreciated.

SUNDAY OFFERINGS: Brothers and Sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: www.uocvancouver.com

DAILY VISITORS LOG: If you plan to come to Holy Trinity on a weekday, please advise the office at 604-876-4747. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

URGENT – HELP NEEDED: The Sisterhood of the Parish is urgently in need of new members. Their work is at the heart of our church life and Liturgical services. We urge our female members to seriously consider becoming part of this essential group. For more information, please contact Jean Yaremko at 604-434-1743 or at tyaremko@telus.net



MEMBERSHIP: We warmly welcome all worshipers. We also encourage everyone to become a member. By doing this, you will not only support Holy Trinity Cathedral but also the Consistory of the UOCC and the Western Eparchy. Please feel free to approach the Priest or any member of the Executive Board to discuss membership and to obtain a copy of the Membership Application Form.

MEMBERSHIP DUES: Parishioners are reminded that their 2021 Membership Dues (Family - \$200; Singles - \$105 unchanged from 2020) are payable now.



SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rttsaplan@yahoo.ca by no later than Friday morning.

AUDITORIUM RENTALS: Please call 604-876-4747 or visit our website www.uocvancouver.com

THANK YOU for attending the service and we hope that you have received inspiration and comfort by participating in this Divine Liturgy and we invite you to come again.