

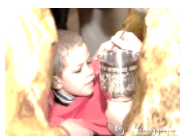
Перша Неділя Св. Великого Посту

Перша Неділя Св. Великого Посту – Торжество Православ'я
Сьогодні православні по всьому світі святкують перемогу Православ'я
над останньою великою ерессю.

ОГОЛОШЕННЯ

СЬОГОДНІ: Сповідь в 9:30; Читання Годин в 9:30; Божественна
Літургія в 10:00 годині.

ПОЧАТОК ВЕЛИКОГО ПОСТУ в цьому році 2-го березня це час
для духовного відновлення. Ми повинні залишити гріховні звички
які відділяють нас від Бога. Матір-Церква закликає всіх своїх вірних
до християнських чеснот.



СВЯТЕ ПРИЧАСТЯ: Це третє таїнство яке також
називається Свята Євхаристія. Завдяки цьому Таїнства
ми духовно насичуємось. Таїнство причастя є
невід'ємною частиною третьої частини Божественної
літургії, літургії вірних. Воно також нагадує нам, що всі ми
запрошені на гостину, котру для нас приготував наш Бог. Бо велика
школа, якщо не приймемо Божого запрошення.

БЕЗКОШТОВНІ КЛЯСИ АНГЛІЙСЬКОЇ МОВИ: Для
волонтерів після виробу вареників. Прошу звертатися до Влодка
Гавришкевича на 613-316-7779 або whottawa@gmail.com.

НЕДІЛЬНА І УКРАЇНСЬКА ШКОЛА: Заняття проводяться що
неділі. Щоб зареєструвати ваших дітей або внуків, будь ласка,
зателефонуйте в офіс 604-876-4747. Батькам рекомендується
приводити своїх дітей до обох, недільної та української школи.

8-го БЕРЕЗНЯ - НЕДІЛЯ ПРАВОСЛАВ'Я: Вечірня буде
служитися у Грецькому Православному Соборі Св. Георгія в 7-й
годині вечора (4500 Arbutus St, Vancouver). Запрошуємо всіх на це
важливе Богослуження, яке святкує перемогу Православ'я.

СОРОКОУСТ ЗА ЗДОРОВ'Я: за слуг Божих Филип, Вікторія,
Анастасія, Юрій, Тарас, Матвій, Елена, Юрій, Іван, Ольга,
Екатерина, Владимир, Галина, Софія, Николай, Роман, Женя.

ЗАУПОКІЙНИЙ СОРОКОУСТ– За р. Б. Таісію, Сара, Дениса,
Данііла, Люба, Елена, Афанасія, Антоніну, Ніколая, Бориса,
Евгенія, Ілья, Елена, Макар, Алксія.

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747 Home: 604-325-2639
Cell: 778-239-6252 Fax: 604-876-4745
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:30 am

Confession: 9:30 to 9:50 am

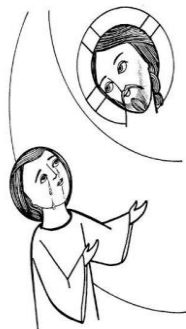
DIVINE LITURGY 10:00 to 11:30 am



Перша Неділя Св. Великого
Посту – Торжество Православ'я
First Sunday of the Great Fast:
The Triumph of Orthodox

Sunday, March 8, 2020

FASTING



St. John Chrysostom in one of his sermons, he said this about fasting: "The value of fasting consists not in abstinence from food, but in relinquishing of sinful practices... Do you fast? Give me proof of it by your works. If you see a poor man, take pity on him. If you see a friend being honoured, do not envy him. Do not let only your mouth fast, but also the eye, the ear, the feet, and the hands... Let the hands fast by being pure from avarice. Let the feet fast by ceasing from running to forbidden spectacles. Let the eyes fast by not fixing themselves rudely on handsome countenances. Let the ear also fast.

This consists in not listening to evil talk and calumnies. It has been said: Thou shalt not receive an idle report. Let the mouth also fast from words and railing. For what good is it if we abstain from meat, but bite and devour our brothers?"

TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy. What a joy it is to have you praying with us.

OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.



TODAY - Our regular schedule of service consists of the Reading of Hours, Confession and Divine Liturgy. We pray that our Heavenly Father give us a new appreciation of the passion and death of Jesus so that we may follow in his footsteps, seeking not to be served but to serve and to offer our lives in simplicity and kindness.



PANAKHYDA will be served today in memory of Taras Shevchenko to commemorate 159 years since his passing. Also memorial prayer will be served for Heavenly Hundred Heroes. *O Lord, give rest to the soul of your departed servants in a place of light, a place of refreshment and a place of repose, where there is no sickness, sighing nor sorrow. May they rest in peace with God and enjoy a place in His kingdom. Memory Eternal! Вічна Пам'ять!*

PRAYERS: Today we continue to offer prayers for the health of Philip Ackrill, Olga Hawrichok, Nancy Worobets, Marie Rusnak, Harry Smith, Gerry Parfeniuk,, Michael and Olha Mamczur and Elias Andrushko.

GET WELL to our Parishioners that are ill and recuperating. Our thoughts and prayers are with you always, may you get well real soon. Please let Father Roman know of anyone who is ill or needing prayers.

VENERATION IN CHURCH: During the FLU SEASON we urge the following practice: lightly touch the icon, Gospel and the cross with our forehead. Please do not kiss these items. Holy Communion should be approached with wide open mouth and do not touch the spoon!



FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in the Fellowship Hour in the Auditorium immediately following the Liturgy.

THANK YOU: Nancy Worobets sends her sincere thanks to those who visited, sent her good wishes, and prayed for her recovery, after her January accident.



TARAS SHEVCHENKO - in commemoration of the 159th anniversary of the death of Taras Shevchenko, today immediately following the Fellowship hour, our local Quartet will perform 3-4 items based on the lyrics by Taras Shevchenko.

EXECUTIVE BOARD MEETING- A meeting of the Board is scheduled for Monday, March 9th at 6pm in the Mezzanine.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

THE GREAT LENT BEGAN ON MONDAY MARCH 2nd: During the Lenten period, everyone should come forward to participate in Sacraments of Holy Confession and Communion. Renew your Baptismal Pledge and cleanse it.



SUNDAY OF ORTHODOXY - VESPERS will take place in St. George's Greek Orthodox Cathedral (4500 Arbutus St, Vancouver) today at 7:00 p.m. Please attend this special, annual service with the participation of all Orthodox parishes, celebrating our faith and our Orthodox community in Greater Vancouver. After the Service there will be a reception for all participants.

LENTEN FOOD DRIVE: Please donate non-perishable food items during our Canada-wide Orthodox Lenten Food Drive. All items and any donations will be delivered to the Vancouver Food Bank. The container for these items is located at the entrance to the Auditorium. Thank you.



SALE OF CABBAGE ROLLS, PEROGIES, BORSCH and SAUSAGE: For anyone wanting to purchase these, please see Elena Edwards or call the office at 604-876-4747.

FREE ENGLISH CLASSES: Following pyrohy making sessions, for volunteers who wish to learn or improve English language skills. For more information, please contact Wally Hawryshkewich at whottawa@gmail.com or 613 316 7779.

FOR OUR ELDERLY MEMBERS AND DISABLED who find it difficult to climb the stairs to the Church, we will be live-streaming the Divine Liturgy to the church auditorium. Display screen and chairs will be set up each Sunday.

Church Fathers Speak: Your prayer must have four constituent parts, says Basil the Great: adoration, thanksgiving, confession of sin and petition for salvation.

THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE A WONDERFUL SUNDAY