

How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертівністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

LIVE STREAM WORSHIP SERVICE
EVERY SUNDAY 10:00 am



<https://global.gotomeeting.com/join/976330333>



20-а неділя після П'ятидесятниці
20th Sunday after Pentecost

Sunday, November 7, 2021

SCRIPTUREREADING

Luke 8:41-56 (*Gospel*)



And behold, there came a man named Jairus, and he was a ruler of the synagogue. And he fell down at Jesus' feet and begged Him to come to his house, for he had an only daughter about twelve years of age, and she was dying. But as He went, the multitudes thronged Him. Now a woman, having a flow of blood for twelve years, who had spent all her livelihood on physicians and could not be healed by any, came from behind and touched the border of His garment. And immediately her flow of blood stopped. And Jesus said, "Who touched Me?" When all denied it, Peter and those with him said, "Master, the multitudes throng and press You, and You say, 'Who touched Me?'" But Jesus said, "Somebody touched Me, for I perceived power going out from Me." Now when the woman saw that she was not hidden, she came trembling; and falling down before Him, she declared to Him in the presence of all the people the reason she had touched Him and how she was healed immediately. And He said to her, "Daughter, be of good cheer; your faith has made you well. Go in peace." While He was still speaking, someone came from the ruler of the synagogue's house, saying to him, "Your daughter is dead. Do not trouble the Teacher. "But when Jesus heard it, He answered him, saying, "Do not be afraid; only believe, and she will be made well." When He came into the house, He permitted no one to go in except Peter, James, and John, and the father and mother of the girl. Now all wept and mourned for her; but He said, "Do not weep; she is not dead, but sleeping. "And they ridiculed Him, knowing that she was dead. But He put them all outside, took her by the hand and called, saying, "Little girl, arise." Then her spirit returned, and she arose immediately. And He commanded that she be given something to eat. And her parents were astonished, but He charged them to tell no one what had happened.

Послання св. апостола Павла до галатів (1: 11-19)



Звіщаю ж вам, браття, що Євангелія, яку я благовістив, вона не від людей. ¹² Бо я не прийняв, ні навчився її від людини, але відкриттям Ісуса Христа. ¹³ Чули бо ви про моє поступовання перше в юдействі, що Божу Церкву жорстоко я переслідував та руйнував її. ¹⁴ І я перевищував в юдействі багатьох своїх ровесників роду мого, будши запеклим прихильником моїх отцівських передань. ¹⁵ Коли ж Бог, що вибрав мене від утроби матері моєї і покликав благодаттю Своєю, уподобав ¹⁶ виявити мною Сина Свого, щоб благовістив я Його між поганями, я не радився зараз із тілом та кров'ю, ¹⁷ і не відправився в Єрусалим до апостолів, що передо мною були, а пішов я в Арабію, і знову вернувся в Дамаск. ¹⁸ По трьох роках потому пішов я в Єрусалим побачити Кифу, і в нього пробув днів із п'ятнадцять. ¹⁹ А іншого з апостолів я не бачив, крім Якова, брата Господнього.



SPIRITUAL MESSAGE

Brothers and Sisters in Christ the Gospels tell us how literally thousands would gather to listen to Christ preach, spellbound by His every word.

There is a great difference, however, in listening and obeying. Many who heard our Savior's teaching found them too challenging and too difficult to accept. The standards He set for His followers went far beyond the moral and spiritual code anyone else had ever offered.

The Orthodox Christian of today also finds it difficult to obey the teachings of Jesus Christ. How can we love our enemies? How can we do good to those who wrong us? How can we give up everything we have in a world where one's possessions define his or her importance and social stature? When confronted with such disturbing questions, we, too are tempted to walk away and abandon the Master, feeling that it is impossible to walk in His footsteps. With God, however, all things are possible. He does not ask us to do anything that is beyond our human abilities and capabilities. When Christ came into the world, He did so as a Man, facing the same temptations and struggles that we all encounter. **He proved that mankind could follow God's laws and live according to His teachings.**

Others have chosen to commend their entire life to Christ. **Will we join them, making a total commitment to Him like the saints of old?** The choice, indeed, is ours to make.

"Come and follow Me" (John 1:43). It means, "Come and live like Me" Our Lord extended this to Philip in the Gospel Lesson, but in truth it is extended to every Christian of every age.

We do not know what the future holds,

but Christians know, who holds the future.

WELCOME TO THE CATHEDRAL

The church's doors are open.

TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.

LET US ATTEND THE CHURCH ON THE LORD'S DAY SUNDAY: Every Orthodox Christian is invited to join at the specified times in the public worship of God, especially on the Lord's Day (Sunday). We attend the celebration of the Liturgy to give to Almighty God the adoration, praise, and thanksgiving which is His due.

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.



Please remember your mask and to respect physical distancing with those around you.



HOLY CONFESSION: True repentance involves much more than merely saying "I'm sorry" to God for past transgressions. A sincerely repentant person is one who is willing to undergo a total, complete change of life, casting aside forever their former sinful ways. As we struggle to make our life more pleasing to God, may we remember the example of our Holy Fathers and the teachings of our Church.

20th SUNDAY AFTER PENTECOST — Tone 3. Synaxis of the Holy Unmercenarys. Holy 33 Martyrs of Melitene: Hieron, Hesychnus, Nicander, Athanasius, Mamas, Barachius, Callinicus, Theogenes, Nicon, Longinus, Theodore, Valerius, Xanthius, Theodulus, Callimachus, Eugene, Theodochus, Ostrychius, Epiphanius, Maximian, Ducitius, Claudian, Theophilus, Gigantius, Dorotheus, Theodotus, Castrychius, Anicletus, Theomelius, Euthychius, Hilarion, Diodotus, and Amonitus (3rd c.). Ven. Lazarus, Wonderworker of Mt. Galesius near Ephesus (1053). Ven. Zosima, Abbot of Vorbozómok. Finding of the Relics of Ven. Cyril, Abbot of Novoezérsk (Vologdá—1649). Martyrs Melasippus, Carina, their son, Antoninus, and forty children converted by their martyrdom, at Ancyra (363). Martyrs Auctus, Taurion, and Thessalonica, at Amphipolis, in Macedonia.



TODAY - Our regular schedule of services. During the Liturgy we ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.



THIS SUNDAY'S READERS ARE: Creed: Nikita Gurkov; Lord's Prayer: Patricia Bhandari; Prayer before Holy Communion: Amir.



PRAYERS FOR HEALTH: We shall offer prayers for the health and well-being of:

Zinah
Andryi, Olena, Natalia, Victor
Gordon Lockhart
Bill Solomon, Irena Raviv
Amelia and William Chucko
Stella Shulhan, Anna Khyzhniak
Liz Kaminsky, Harry Smith
Victor
Vlad, Elena
Lynne Blake
John Sotnyk
Rev. Oleh and Dobr. Maria Krawchenko
John, Nataalka, Julia, Katherine, Andrew and Alexander Mayba
Oles, Lesia, Luba and Kolya
Lena, Yuriy and Volodymyr.

GET WELL to our Parishioners who are ill and recuperating. Our thoughts and prayers are with you always, may you get well very soon. Please let Father Roman know of anyone who is ill or needing prayers.

EXTRA PRAYER: When the world falls down around you, * And a prayer will see you through, * Say an extra prayer for someone, * Who may need it more than you. * For who knows what hearts are breaking, * In the silence of the night? * Just that extra prayer you whisper, * May help someone see the light! * Every time you help a stranger, * With an extra prayer - or two - * You are building secret blessings, * That will come back to you! (Nick Kenny).



CANDLES: Worshipers are welcome to place a candle for the health of others at the candelabra on the RIGHT side and in memory of loved ones on the LEFT side of the Altar. Candles may be obtained from the Elders at the entrance to the church.



VENERATION OF THE CROSS: Everyone is welcome to receive the blessing at the end of the Divine Liturgy.



FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in Fellowship Coffee Hour, in the Auditorium, immediately following the Liturgy. **Covid protocols will be observed**

Volunteers Needed!



VOLUNTEERS are needed to prepare coffee/food items for the Fellowship Hour.

THE AKATHIST HYMN
TO THE MOTHER OF GOD



NOVEMBER 10, WEDNESDAY: 10:00 am Akathist to the Mother of God and Catechetical discussions for those embracing the Orthodox Faith. Please call Fr. Roman for details 778-239-6252.

SUNDAY SCHOOL: From September through to June, Sunday School classes are offered at the pre-school, kindergarten and intermediate levels. Classes occur each Sunday from 10:00 am to 11:00 am in the lower level of the Cathedral. At 11:00 am, the children come into the Church to attend the balance of the Liturgy.

Sunday School is Cool



UKRAINIAN SCHOOL: Classes are held each Sunday after the service. To enrol your children or grandchildren, please call the office at 604-876-4747. Parents are urged to bring their children to both Sunday and Ukrainian School.



BAPTISM, WEDDINGS, MEMORIAL SERVICES, BLESSING OF HOMES, PASTORAL VISITS or SPIRITUAL COUNSELLING: Please use the cards at the candle table to request a visit with Fr. Roman or call him directly to arrange a time for services, counselling or discussion 778-239- 6252.

DONATIONS RECEIVED: \$130 from Halyna Bortnik; \$50 from Ted Cholod; \$50 from Vlad Bortnik; \$200 from Sally Lywak; \$50 from Juliana Sirman; \$400 from Jean Yaremko. Thank you and may Almighty God reward you with His Divine Grace.

DONATION ONLINE: To make donations, please visit our website at www.uocvancouver.com Your donations are deeply appreciated.



SUNDAY OFFERINGS: Brothers and Sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of

Christ. During this time of the pandemic, kindly make your donations via our web site: www.uocvancouver.com

DAILY VISITORS LOG: If you plan to come to Holy Trinity on a weekday, please advise the office at 604-876-4747. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

HELP NEEDED: The Sisterhood of the Parish is urgently in need of new members. Their work is at the heart of our church life and Liturgical services. We urge our female members to seriously consider becoming part of this essential group. For more information, please contact Jean Yaremko at 604-434-1743 or at tyaremko@telus.net



MEMBERSHIP: We warmly welcome all worshippers. We also encourage everyone to become a member. By doing this, you will not only support Holy Trinity Cathedral but also the Western Eparchy and the Consistory of the UOCC. Please feel free to approach the Priest or any member of the Executive Board to discuss membership and to obtain a copy of the Membership Application Form.

MEMBERSHIP DUES: Parishioners are reminded that their 2021 Membership Dues (Family - \$200; Singles - \$105 unchanged from 2020) are payable now.



FOR OUR ELDERLY MEMBERS AND DISABLED who find it difficult to use the stairs to the Church we will be live- streaming the Divine Liturgy to the church auditorium. Display screen and chairs will be set up each Sunday.



PARKING – Free parking is available to members and visitors on the east side of the church and underground in the garage.



SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rttsaplan@yahoo.ca by no later than Thursday morning.



AUDITORIUM RENTALS: Please call 604-876-4747 or visit our website www.uocvancouver.com

THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY