

GENERAL ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors, guests and parish members who are participating in today's Divine Liturgy. What a joy it is to have you praying with us.

OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community, offering Teachings to strengthen Members' beliefs, providing Social Opportunities for Fellowship and Enjoyment, providing Spiritual and Personal Counseling.

Sunday School is Cool



SUNDAY SCHOOL: Sunday School classes are offered at the pre-school, kindergarten and intermediate levels. Classes occur each Sunday from 10:00 am to 11:00 am in the lower level of the Cathedral. At 11:00 am, the children come into the Church to attend the balance of the Liturgy.



UKRAINIAN SCHOOL: Classes resumed in September each Sunday after the service. To enrol your children or grandchildren, please call the office at 604-876-4747. Parents are urged to bring their children to both Sunday and Ukrainian School.



BAPTISM, WEDDINGS, MEMORIAL SERVICES, BLESSING OF HOMES, PASTORAL VISITS or SPIRITUAL COUNSELLING: Please use the cards at the candle table to request a visit with Fr. Roman or call him directly to arrange a time for services, counselling or discussion 778-239- 6252.



WE CARE: We know that life is sometimes difficult. We are committed to the spiritual and moral care of the entire congregation. We help those who are confined at home or in the hospital, the bereaved and the lonely. To speak to or make an appointment with Father Roman please call 778-239-6252.

MEMBERSHIP: We warmly welcome all worshippers. We also encourage everyone to become a member. By doing this, you will support Holy Trinity Cathedral and also the Consistory of the UOCC and the Western Eparchy. Please feel free to approach the Priest or any member of the Executive Board to discuss membership and to obtain a copy of the Membership Application Form.

SUNDAY OFFERINGS: Brothers and Sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honour to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. You may also, kindly, make your donations via our web site: www.uocvancouver.com

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

BEQUESTS TO THE PARISH: Thankfully, from time to time, the Parish has been the beneficiary of the generosity of deceased individuals who have remembered us in their wills. These bequests assist the parish greatly, particularly with renovations or development projects which require significant capital outlays. We urge you to consider bequests to charitable beneficiaries such as your church.



PARKING – Free parking is available to members and visitors on the east side of the church and under the Auditorium.

AUDITORIUM RENTALS: Please call 604-876-4747 or visit our website www.uocvancouver.com

SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rttsaplan@yahoo.ca by no later than Thursday morning

CHURCH ETIQUETTE- Much of church etiquette is based on common sense and showing respect for God and others. Always remember that you are in church to worship God.

УКРАЇНЬСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest

Office: 604-876-4747

Cell: 778-239-6252

E-mail: rttsaplan@yahoo.ca

Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE

Reading of the Hours: 9:45 am

DIVINE LITURGY 10:00 am

LIVE STREAM WORSHIP SERVICE

EVERY SUNDAY 10:00 am

You can watch the Sunday Liturgy live stream on our YouTube channel.

Go to www.uocvancouver.com under the YouTube logo icon.



22-а неділя після Пятидесятниці. Голос 5
22nd Sunday after Pentecost. Tone 5

Sunday, November 5, 2023

YOU CANNOT DO ANYTHING WITHOUT GOD

CONNECT TO GOD THROUGH PRAYER

If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. John 15:5

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints." – Ephesians 6:18

Dear brothers and sisters in Christ - Prayer may best be defined as our mortal method of communicating with the Immortal One. Some people feel comfortable approaching prayer by reading from a prayer book. Others are very much at ease speaking to God on a more informal, personal level. What is most important is that we approach our Heavenly Father in a respectful manner, confident that our petitions are always heard and our requests are always answered, even if the answer to our prayers may be "no" at times. St. John Chrysostom, the famous Church Father, called prayer "a support for the weak, a treasure for the poor, a defense for the rich, a medicine for the sick and a preservative for the healthy." Saint John of Kronstadt had this to say concerning the necessity of prayer in our lives: "it is absolutely essential that we pray in order to support the life of the soul, just as we support the life of our bodies with proper nourishment." Christ Himself is seen in prayer on numerous occasions throughout the Gospel. In the Garden of Gethsemane, He placed His life in the hands of His Father as He uttered these powerful words. "Not my will, but thine be done." What a wonderful relationship we have with God. He will never abandon us, for we are His children. No matter what our needs may be, "He is only a prayer away." *"Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Matthew 11:28.*

Увійдімо в це непривітне місце

Євангелія (Луки 6:31-36) заохочує нас увійти в похмуре й непривітне місце в своїй душі. Це те місце, з якого виходять почуття ненависті та жадоби помсти та насилля. Господь запрошує нас зайти з Ним у це місце, коли каже нам, що ми повинні любити своїх ворогів і робити їм добро. Це дуже важка справа, до якої Він нас закликає. Так відноситися навіть до тих, які вчинили якусь кривду нам особисто достатньо важко. Але Він наставляє нас чинити щось навіть важче. (Fr. Ihor Kutash Articles: uocc.ca)

TODAY'S ANNOUNCEMENTS



SUNDAY IS THE LORD'S DAY: We believe that attending the services in person or on line and practicing Spirituality adds Hope, Meaning and Motivation to our Life.



TODAY - Our regular schedule of services. We continue to pray for our ancestral homeland Ukraine. May our Lord and God protect them in their great time of need. We also pray for healing and peace; that one day, all people will lay down their arms and embrace one another as brothers and sisters in one human family.

HOLY COMMUNION: Ever since the night of the mystical supper, when our Lord commanded His Apostles to "take and eat, this is my body and drink of this, for this is My Blood", Orthodox Christians have been called upon to receive the Sacrament of

Holy Communion as frequently as possible. At every Divine Liturgy, the invitation is extended to all of us. Every Sunday we are urged to partake of the Body and Blood of our Saviour.



VENERATION OF THE CROSS: Everyone is welcome to receive the blessing at the end of the Divine Liturgy.

FELLOWSHIP HOUR: Everyone attending the service is cordially invited to join in Fellowship Coffee Hour, in the Auditorium, immediately following the Liturgy.

DONATIONS RECEIVED: \$100 from Margaret Carley; \$500 from Paulette Hucul; \$100 from Gloria Shoemay. Thank you and may Almighty God reward you with His Divine Grace.

MEMBERSHIP DUES: Parishioners are reminded that their 2023 Membership Dues (Family - \$200; Singles - \$105, unchanged from 2022) are payable now.

TO ALL PARISHIONERS: St. Demetrius Ukrainian Orthodox Church of Chilliwack will celebrate Church Patron Saint's Day (Khram) on Sunday, November 12th, with Liturgy beginning at 10:00 a.m. followed by dinner. An invitation is extended to all parishioners to attend.



**ГОЛОДОМОР
ГЕНОЦИД
32-33
28.11.2016
ПАМ'ЯТАЄМО**

MAN-MADE FAMINE-GENOCIDE – 90th anniversary of the 1932-33 Holodomor in Ukraine. The day on which we will commemorate that unforgettable, man-made famine-genocide will be on Sunday, November 26. Following the Divine Liturgy, a Panakhyda will be served for the repose of the souls of the 10 million victims of the famine-genocide in Ukraine; something that remains a loss without end. The bells will be rung 10 times at the conclusion of the Panakhyda.

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE
A WONDERFUL SUNDAY**

ОГОЛОШЕННЯ

СЬОГОДНІ: Сповідь в 9:00; Читання Годин 9:45; Божественна Літургія в 10:00 годині.

КАВА ПІСЛЯ БОГОСЛУЖЕННЯ: Всіх присутніх сьогодні на Літургії щиро запрошуємо до катедральної аудиторії на каву і солодке.

МОЛИТВА ЗА УКРАЇНУ: В цьому важкому часі для України ми регулярно молимося під час Благальної Єктенії «за братів і сестер наших в Україні, що в цей час великих випробувань зазнають погроз, принижень і побоїв. Захисти їх, Всемилосердний Господи, і даруй їм любов, єдність, злагоду і перемогу над ворогами, щоб у нашому народі запанували свобода, правда і справедливість».

ТАЇНСТВО СПОВІДІ: Чин сповіді звершується в кожную неділю з 9:00-ї до 9:50-ї години ранку. Просимо пам'ятати та приймати участь.

ЩИРО ВДЯЧНІ за Ваші щедри пожертви для Катебри Пресвятої Тройці. Чи то прижиттєві чи посмертні дари, - для ДОМУ БОЖОГО завжди потрібні.

ВІТАЄМО ВСІХ ГОСТЕЙ ТА ПРИХОЖАН КАТЕБРИ ПРЕСВЯТОЇ ТРОЙЦІ! ПІСЛЯ БОЖЕСТВЕННОЇ ЛІТУРГІЇ ЩИРО ЗАПРОШУЄМО ВАС НА КАВУ