

**How to use GoToMeeting
Step by step with
Screenshots**



<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL - is now open for Sunday service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to **32**; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

TO REGISTER FOR SUNDAY SERVICE please call **604-876-4747** or email holytrinityuocvancouver@gmail.com by NOON Friday before the Sunday on which you wish to attend.

IMPORTANT: Registration does not guarantee admission. You will be advised if you may attend. Every effort is being made to give everyone who wants to an equal opportunity to attend a Sunday service.

DOORS OPEN SUNDAY MORNING at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM might lose their spot that Sunday.

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
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WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

**OUR DOORS ARE OPEN AGAIN
COME IN AND JOIN US**
If you are unable to do so
join us online

<https://global.gotomeeting.com/join/783837877>



22 неділя по Пятидесятниці. Голос 5
22 Sunday after Pentecost. Tone 5
Sunday, November 8, 2020

SPIRITUAL MESSAGE



Keep Moving Forward

God did not give us a spirit of fear and timidity, (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control. (2 TIMOTHY 1:7)

GOD'S WORD FOR YOU TODAY

Be sure you fellowship with Jesus today and not with your problems; think about Him and not about them.

Join us and hear the full message during the homily.
ЗАВІТАЙТЕ ДО НАС ТА ПОЧУЙТЕ ПОВНУ
ПРОПОВІДЬ ПІД ЧАС ЛІТУРГІЇ

TODAY'S ANNOUNCEMENTS



SUNDAY IS THE LORD'S DAY - LET US WORSHIP HIM: Every Orthodox Christian is invited to join at the specified times in the public worship of God, especially on the Lord's Day (Sunday). We attend the celebration of the Liturgy to give to Almighty God the adoration, praise, and thanksgiving which is His due.



TODAY - Our regular schedule of services. During the service, participants are welcome to light a candle for the health of others (at the candelabra on right side) and in memory of loved ones (on the left side) of the Altar.

PRAYERS: Today we continue to offer prayers for the health of Olha Hawryshok, Nancy Worobets, Harry Smith, Catherine Pavlishen and Elena Gourevitch.

GET WELL to our Parishioners that are ill and recuperating. Our thoughts and prayers are with you always, may you get well real soon. Please let Father Roman know of anyone who is ill or needing prayers.

DAILY VISITORS LOG: If you plan to come to Holy Trinity Ukrainian Orthodox Auditorium during the weekday please let the office know. Upon entry sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

DONATIONS RECEIVED - \$500 from Maryanne Bereziak; \$500 from Regina Petrusovich; Thank you and may Almighty God reward you with His Divine Grace.



COMMUNION BREAD "Prosphora" this bread is specially baked for the purpose of communion. We would like to express our thanks to Nettie Holonko, Valia Malko and Jean Yaremko for preparing the dough and baking them. May our Lord reward you with His blessing for your dedication.



God's work.



SUNDAY OFFERING: Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ's presence in our lives. Let us be generous for

PARISH MEMBERSHIP DUES: The membership dues for 2020 are as follows: Family - \$200; Singles - \$105. These are the same fees that were in effect last year. Members are asked to submit their fee payments to the Church Office at the earliest possible date. Thank you.



PARKING - Free parking is available to members and visitors on the south and east side of the church and in the underground garage.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rttsaplan@yahoo.ca by no later than Friday morning.

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

SUCCESS WHEN WE WORK TOGETHER: Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labour for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully. **“Coming together is a beginning. Keeping together is progress. Working together is success.**

EXTRA PRAYER

When the world falls down around you, * And a prayer will see you through, * Say an extra prayer for someone, * Who may need it more than you. * For who know what hearts are breaking, * In the silence of the night? * Just that extra prayer you whisper, * May help someone see the light! * Every time you help a stranger, * With an extra prayer - or two - * You are building secret blessings, * That will come back to you! (Nick Kenny).

THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY