

**How to use GoToMeeting  
Step by step with  
Screenshots**

<http://www.quicksetguide.com/others/gotomeeting1.htm>

**ETIQUETTE EVERY PERSON SHOULD KNOW:** As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



**A PRAYER OF PROTECTION FROM CORONAVIRUS**

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious

disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest  
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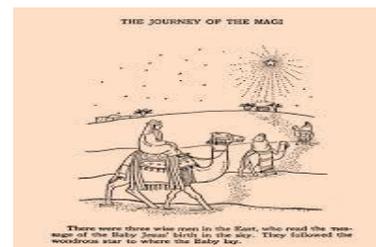
### WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

**DIVINE LITURGY 10:00 am**

**Please be advised that the BC Provincial Health Authority has suspended in-person church services effective midnight November 19, 2020 until midnight December 7, 2020.**

<https://global.gotomeeting.com/join/417366349>



26 неділя по Пятидесятниці. Голос 1  
26 Sunday after Pentecost. Tone 1  
Sunday, December 6, 2020



## SCRIPTURE READING

Luke 12:16-21

*(Gospel)*

Then he told them a story: “A rich man had a fertile farm that produced fine crops. <sup>17</sup>He said to himself, ‘What should I do? I don’t have room for all my crops.’ <sup>18</sup>Then he said, ‘I know! I’ll tear down my barns and build bigger ones. Then I’ll have room enough to store all my wheat and other goods. <sup>19</sup>And I’ll sit back and say to myself, “My friend, you have enough stored away for years to come. Now take it easy! Eat, drink, and be merry!” <sup>20</sup>“But God said to him, ‘You fool! You will die this very night. Then who will get everything you worked for?’ <sup>21</sup>“Yes, a person is a fool to store up earthly wealth but not have a rich relationship with God.”



Ephesians 5:8-19

*(Epistle)*

For once you were full of darkness, but now you have light from the Lord. So, live as people of light! <sup>9</sup>For this light within you produces only what is good and right and true. <sup>10</sup>Carefully determine what pleases the Lord. <sup>11</sup>Take no part in the worthless deeds of evil and darkness; instead, expose them. <sup>12</sup>It is shameful even to talk about the things that ungodly people do in secret. <sup>13</sup>But their evil intentions will be exposed when the light shines on them, <sup>14</sup>for the light makes everything visible. This is why it is said, “Awake, O sleeper, rise up from the dead, and Christ will give you light.”

**Living by the Spirit’s Power** <sup>15</sup>So be careful how you live. Don’t live like fools, but like those who are wise. <sup>16</sup>Make the most of every opportunity in these evil days. <sup>17</sup>Don’t act thoughtlessly, but understand what the Lord wants you to do. <sup>18</sup>Don’t be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, <sup>19</sup>singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts.

## TODAY’S ANNOUNCEMENTS



**OUR MISSION STATEMENT:** Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members’ Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.

**+ SUNDAY IS THE LORD’S DAY – LET US WORSHIP HIM +**



**TODAY -** Our regular schedule of services. During the Liturgy we ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.

**NATIVITY FAST:** Please remember that a period of abstinence and penance is practiced by the Eastern Orthodox, and Eastern Catholic Churches, in preparation for the Nativity of Christ, (January 7). The fast is observed from November 28 to January 6 inclusive. The Nativity Fast serves to renew our spiritual unity with God and to prepare us for the Feast of the Nativity of Christ. Orthodox theology sees a synthesis between the body and the soul, so what happens to one affects the other. The church teaches that it is not enough to fast from food; one must also fast from anger, greed and covetousness. In addition to fasting, almsgiving is also emphasized.

**PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR** our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: **LORD OUR GOD, HEAL** our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.

**THE FRUITS OF TRUE PRAYER:** Prayer is doxology, praise, thanksgiving, confession, supplication and intercession to God. "When I prayed, I was new," wrote a great theologian of Christian antiquity, "but when I stopped praying, I became old." Prayer is the way to renewal and spiritual life. Prayer is aliveness to God. Prayer is strength, refreshment, and joy.

**DONATIONS RECEIVED** - \$100 from Philip Acrill; \$150 from Liz Kaminsky; \$320 from Jean Yaremko. Thank you and may Almighty God reward you with His Divine Grace.

**QUATERLY MEETING** of the Holy Trinity Ukrainian Orthodox Cathedral membership will be held on Sunday, December 13, 2020 at 1pm via GoToMeeting Software.

**EXECUTIVE BOARD MEETING:** A meeting of the Board is scheduled for December 14<sup>th</sup> at 6 pm online.



**CHRISTMAS FLOWERS:** Christmas is just around the corner and once again the Sisterhood is appealing for donations to purchase poinsettias to beautify our Cathedral for the Nativity of our Lord Jesus Christ and the New Year. You may donate online, ([www.uocvancouver.com](http://www.uocvancouver.com)) by mail, or office mail drop; make sure your name appears with your donation. Be generous and thank you in advance.

**THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL  
HAVE A WONDERFUL SUNDAY**