

How to use GoToMeeting
Step by step with
Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious

disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach

us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com



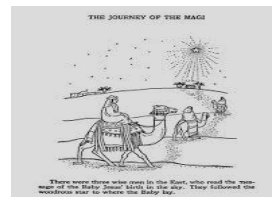
WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

DIVINE LITURGY 10:00 am

In-Person Worship Suspended until January 8th due to new COVID-19 restrictions

<https://global.gotomeeting.com/join/247215653>



27неділя по Пятидесятниці. Голос 2
27 Sunday after Pentecost. Tone 2
Sunday, December 13, 2020

“A MODEL FOR HIERARCHS”

Few saints are as popular as St. Nicholas, who is held in high esteem by both the Eastern and



Western Church. He is known as the Patron Saints of children, merchants, sailors and travelers. Tales of his generosity have become legendary, and this beloved saint will forever be associated with being the “real Santa Claus!” There is another “side” to St. Nicholas, however, which is often overshadowed by the legends and myths that are attached to his life: St. Nicholas was a respected hierarch and brilliant theologian.

St. Nicholas was born at the turn of the 4th century in the town of Patara in Asia Minor. After the death of his parents, Nicholas was ordained a deacon and then a priest. His talents and abilities were obvious to the other monks, and soon Nicholas was named Abbot of the monastery. When the Archbishop of Myra died, Nicholas was his logical successor. Like many of his contemporaries, St. Nicholas suffered persecution from the hands of the Romans. He was able to see the Church emerge victorious from its 300-years struggle against paganism when Constantine the Great gave his formal approval to Christianity. When the First Ecumenical Council was convened in Nicea in 325 A. D. to combat the heresy of Arius, St. Nicholas was one of those present. When Arius – an Alexandrian priest – tried to convince the Church Fathers that Christ was Not “of one essence with the Father,” but rather a creation of the Father, an enraged Nicholas struck the heretic in the face! Such was the depth of his love for the true teachings of the Church. It is no wonder that St. Nicholas is referred to in our hymnology as “a model for hierarchs.”

TODAY'S ANNOUNCEMENTS



OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members' Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.

+ SUNDAY IS THE LORD'S DAY – LET US WORSHIP HIM +



TODAY - Our regular schedule of services. As God's holy people called in different ways to spread the gospel and to bring peace to the world, we turn to the Father and make our prayer for the leaders of the church, that they may develop a deepening sense of mission in their work of gathering together the scattered children of God. We also pray in this Nativity Fast season for all those people whose goodness we are inclined to take for granted. May we become more aware of their generosity towards us.



MEMORIAL LITIA: Will be served today for departed Andriy Kaminko and recently departed Olga Hawryshok. May Merciful God give rest to the departed as they "Enter into the joy of our Lord" and may their Memory Be Eternal. Vichnaya Pam'yat'!

PASSING OF OLGA HAWRYSHOK: With deep sadness, we announce the passing of our dear friend and long-time member Olga Hawryshok. She passed away on Saturday, December 12th at Royal City Manor at about 7:30 am. It was sudden and not expected. She was 100 years old. May she rest in Peace. Vichnaya Pamyat'.

NATIVITY FAST: Please remember that a period of abstinence and penance is practiced by the Eastern Orthodox, and Eastern Catholic Churches, in preparation for the Nativity of Christ, (January 7). The fast is observed from November 28 to January 6 inclusive. The Nativity Fast serves to renew our spiritual unity with God and to prepare us for the Feast of the Nativity of Christ. Orthodox theology sees a synthesis between the body and the soul, so what happens to one affects the other. The church teaches that it is not enough to fast from food; one must also fast from anger, greed and covetousness. In addition to fasting, almsgiving is also emphasized.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.

THE FRUITS OF TRUE PRAYER: Prayer is doxology, praise, thanksgiving, confession, supplication and intercession to God. "When I prayed, I was new," wrote a great theologian of Christian antiquity, "but when I stopped praying, I became old." Prayer is the way to renewal and spiritual life. Prayer is aliveness to God. Prayer is strength, refreshment, and joy.

DONATIONS RECEIVED - \$500 from Paulette and Jarek Hucul; \$100 from Patricia and Stephen Semeniuk. Thank you and may Almighty God reward you with His Divine Grace.



SINCERE GREETINGS to all our friends who celebrate Christmas on December 25th. May God give them peace, health, spiritual joy and joy of life. Merry Christmas to ALL.

QUARTERLY MEETING of the Holy Trinity Ukrainian Orthodox Cathedral membership will be held today, December 13, 2020 at 1pm via GoToMeeting Software.

EXECUTIVE BOARD MEETING: A meeting of the Board is scheduled for December 14th at 6 pm online.



CHRISTMAS FLOWERS: Christmas is just around the corner and once again the Sisterhood is appealing for donations to purchase poinsettias to beautify our Cathedral for the Nativity of our Lord Jesus Christ and the New Year. You may donate online, (www.uocvancouver.com) by mail, or office mail drop; make sure your name appears with your donation. Be generous

and thank you in advance.

SO MANY THINGS HAVE BEEN CANCELLED, BUT... The Sun has not been cancelled. Friendship has not been cancelled. Love has not been cancelled. Conversation has not been cancelled. Hope has not been cancelled. Prayer has not been cancelled. God's listening has not been cancelled.

THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY

