

**How to use GoToMeeting
Step by step with
Screenshots**

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com



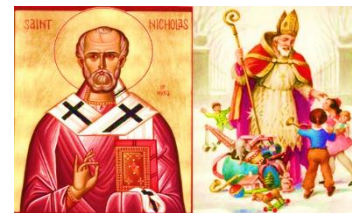
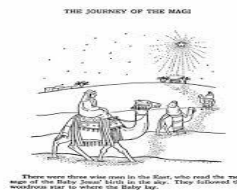
WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

DIVINE LITURGY 10:00 am

In-Person Worship Suspended until January 8th due to new COVID-19 restrictions

<https://global.gotomeeting.com/join/962011837>



28 неділя по Пятидесятниці. Голос 3
28 Sunday after Pentecost. Tone 3

Sunday, December 20, 2020

Hello children of Holy Trinity Cathedral!



This is Saint Nicholas, emailing to let you know that I haven't forgotten about you all this year, I am coming to visit! Though I won't get to hear and see you all perform your poems and songs this year, I know you would have done a fantastic job! For all your hard work and kindness this year, I am bringing each one of you a special present for Saint Nicholas Day, full of treats to enjoy! Please have your parents arrange to pick up your presents from the church office after Saturday, December 19th, by calling in advance: 604-876-4747.

HO HO HO and Happy Holidays!



TODAY'S ANNOUNCEMENTS



OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members' Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.

+ SUNDAY IS THE LORD'S DAY - LET US WORSHIP HIM +



TODAY - Our regular schedule of services. During the Divine Liturgy, we ask our Lord for His blessing for all of us here present. We also pray for those who are absent from home and away from family and friends during this Christmas time - that they may receive a welcome wherever they are.

SINCERE GREETINGS

To all our friends who celebrate Christmas on December 25th. May God give them peace, health, spiritual joy and joy of life. Merry Christmas to ALL



NATIVITY FAST: Please remember that a period of abstinence and penance is practiced by the Eastern Orthodox, and Eastern Catholic Churches, in preparation for the Nativity of Christ, (January 7). The fast is observed from November 28 to January 6 inclusive. The Nativity Fast serves to renew our spiritual unity with God and to prepare us for the Feast of the Nativity of Christ. Orthodox theology sees a synthesis between the body and the soul, so what happens to one affects the other. The church teaches that it is not enough to fast from food; one must also fast from anger, greed and covetousness. In addition to fasting, almsgiving is also emphasized.

DONATIONS RECEIVED - \$120 from Bernard Cherak; \$50 from Ted Cholod; \$100 from Pat Halko in memory of Olga Hawryshok; \$1000 Mary Ann and Walter Pylypchuk. Thank you and may Almighty God reward you with His Divine Grace.



CHRISTMAS FLOWERS: Christmas is just around the corner and once again the Sisterhood is appealing for donations to purchase poinsettias to beautify our Cathedral for the Nativity of our Lord Jesus Christ and the New Year. You may donate online, (www.uocvancouver.com) by mail, or office mail drop; make sure your name appears with your donation. Be generous and thank you in advance.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.

SO MANY THINGS HAVE BEEN CANCELLED, BUT... The Sun has not been cancelled. Friendship has not been cancelled. Love has not been cancelled. Conversation has not been cancelled. Hope has not been cancelled. Prayer has not been cancelled. God's listening has not been cancelled.

THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL HAVE A WONDERFUL SUNDAY



CHRISTMAS AND NEW YEAR'S SERVICES WILL BE HELD AS FOLLOWS

THURSDAY, January 7th - CHRIST'S NATIVITY – 9:30 am Reading of Hours; Divine Liturgy 10:00 am

FRIDAY, January 8th - SYNAXIS of the THEOTOKOS - Divine Liturgy 10:00 am

SATURDAY, January 9th - FIRST MARTYR STEPHEN - Service at 10:00 am

THURSDAY, January 14th - Divine Liturgy 10:00 am

MONDAY, January 18th - The Eve of the Theophany: 5:00 pm Festal Vespers with the Great Blessing of Water.

TUESDAY, January 19th - The Holy Theophany of our Lord and Saviour Jesus Christ: 9:30 am hours; 10:00 Divine Liturgy followed by the Great Blessing of Water.



РОЗКЛАД РІЗДВЯНИХ БОГОСЛУЖЕНЬ

7-го січня, четвер - РІЗДВО ГОСПОДА НАШОГО ІСУСА ХРИСТА – 9:30 Читання Годин; Божественна Літургія в 10:00 г. ранку.

8-го січня, п'ятниця - Собор Пресвятої Богородиці. Божественна Літургія в 10:00 г. ранку.

9-го січня, субота - Первомученика і Архидиякона Стефана. Божественна Літургія в 10:00 г. ранку.

14-го січня, четвер - Обрізання Гоподне, Св. Василя Великого, Архиепископа Кесарії Кападокійської. Божественна Літургія в 10:00 г. ранку.

18-го січня, понеділок - Навечір'я Богоявлення (Хрещенський Святвечір). 5:00 вечора Велике Повечір'я і перше Освячення Води.

19-го січня, вівторок - БОГОЯВЛЕННЯ. В 10:00 годині ранку Божественна Літургія і друге Освячення Води.

