

How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертівністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

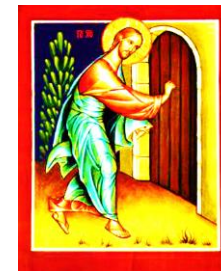
Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

LIVE STREAM WORSHIP SERVICE:
EVERY SUNDAY 10:00 am



<https://global.gotomeeting.com/join/721504109>



2-га неділя по П'ятидесятниці. Голос 1.
Усіх святих, що на Русі-Україні просіяли. Апостольський піст
2nd Sunday after Pentecost. Tone 1. Feast of All Saints who have shown forth in the
land of Kyivan Rus'-Ukraine. Apostles Fast

Sunday, July 4, 2021

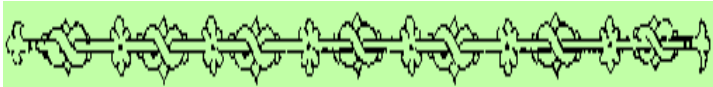
SCRIPTURE READINGS



Matthew 4:18-23 (Gospel)

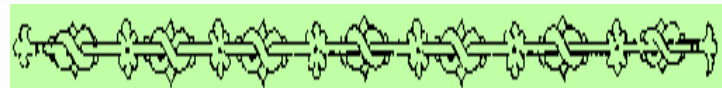
And Jesus, walking by the Sea of Galilee, saw two brothers, Simon called Peter, and Andrew his brother, casting a net into the sea; for they were fishermen. Then He said to them, "Follow Me, and I will make you fishers of men." They immediately left their

nets and followed Him. Going on from there, He saw two other brothers, James the son of Zebedee, and John his brother, in the boat with Zebedee their father, mending their nets. He called them, and immediately they left the boat and their father, and followed Him. And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people.



Romans 2:10-16 (Epistle)

But glory, honor, and peace to everyone who works what is good, to the Jew first and also to the Greek. For there is no partiality with God. For as many as have sinned without law will also perish without law, and as many as have sinned in the law will be judged by the law for not the hearers of the law are just in the sight of God, but the doers of the law will be justified; for when Gentiles, who do not have the law, by nature do the things in the law, these, although not having the law, are a law to themselves, who show the work of the law written in their hearts, their conscience also bearing witness, and between themselves their thoughts accusing or else excusing them in the day when God will judge the secrets of men by Jesus Christ, according to my gospel.



SPIRITUAL MESSAGE

MAKE AN EFFORT TO RESIST TEMPTATION

And lead us not into temptation, but deliver us from the evil one. Mt. (6:13) Dear Brothers and Sisters in Christ in the Lord's Prayer we read, "and lead us not into temptation" we ask God to protect us against all temptations which come to us from evil persons, from the infirmities of our body and especially from the evil spirit (devil). Our Lord God does not tempt anyone. When God allows temptation-trial to come upon us, then it is to test our Faith and pious living. Therefore, we ask Him to help us overcome the temptation and avoid sin. **"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."** (Mt.26.41)

"Some people are more prone to temptation than others, but it is possible for everyone to practice and succeed in using willpower to resist temptations"

Recognize temptation.

Did anyone ever ask you to do something that was wrong? Or did he say that it would be fun and that it would be not really wrong to do it. When someone does this to us, he is trying to tempt us. What will you do if you are tempted? Should we give in and do what is wrong?

Be honest. If you're refusing something or someone that's tempting you, don't feel guilty or like you need to lie. Be honest about why you're refusing something. No matter what others say, we should never do things that God says are wrong. In that way, we will always make God happy, and we will never please the Devil.

Keep away from temptation. Make it easier to deal with temptation by getting away from what tempts you. For instance, if you're trying to quit smoking, avoid places that you frequently smoked. You may even want to avoid people that you usually smoked with.

More information about how to resist temptation to do wrong can be found at Psalm 1:1,2; Proverbs 1:10, 11; and Timothy 2:22.

TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.

OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.



TODAY - Our regular schedule of services. As God's holy people called in different ways to spread the gospel and to bring peace to the world, we turn to the Father and make our prayer for the leaders of the church, that they may develop a deepening sense of mission in their work of gathering together the scattered children of God.



PRAYERS FOR THE HEALTH: We shall offer prayers for the health and well-being of Rev. Oleh and Dobr. Maria Krawchenko; John, Natalka, Julia, Katherine, Andrew and Alexander Mayba. Oles, Lesia, Luba and Kolya. May they be blessed with good health and graced with happiness.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR our brothers and sisters who are in the hospital, care homes, nursing facilities, shut-ins or at home: **LORD OUR GOD, HEAL** our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



BAPTISM, WEDDINGS, MEMORIAL SERVICES, BLESSING OF HOMES, PASTORAL VISITS or SPIRITUAL COUNSELLING: Please use the cards at the candle table to request a visit with Fr. Roman or call him directly to arrange a time for services, counselling or discussion 778-239- 6252.

**WE DO NOT KNOW WHAT THE FUTURE HOLDS, BUT
CHRISTIANS KNOW WHO HOLDS THE FUTURE.**



DEAR PARISHIONERS AND FRIENDS: There will be no confession or communion practiced by parishioners until His Eminence, Metropolitan Yuriy receives further instructions from the Holy Synod.

The above instructions are the most recent that the parish received from His Eminence, dated June 16, 2020.

"When further instructions are provided by His Eminence regarding the practices of confession and communion, the parish council will decide what measures will be put in place and how those measures will be enforced. Please also keep in mind that I and the parish council must follow government and health-authority requirements. This too must be considered when making decisions about returning to church life as we remember it. There is much good news in the media regarding declines in cases of Covid-19. As individuals, and as brothers and sisters in Christ, we must ensure that those declines continue. We must be strong and patient, for a short time longer, to defeat the pandemic".

DONATION RECEIVED: \$100 from Angela Bober. Thank you and may Almighty God reward you with His Divine Grace.

DONATION ON LINE: To make donations, please visit our website at www.uocvancouver.com Your donations are deeply appreciated.

SUNDAY OFFERING: Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: www.uocvancouver.com

BEQUESTS TO THE PARISH: Thankfully, from time to time, the Parish has been the beneficiary of the generosity of deceased individuals who have remembered us in their wills. These capital bequests assist the parish greatly, particularly with renovations or development projects which require significant capital outlays. We urge you to consider bequests to charitable beneficiaries such as your church.

CHURCH GROWTH BEGINS WITH ME: Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth. "Orthodox Christianity is the faith for all mankind." "As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." "I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." "I must help to make the Church more visible and invite others to services and activities." "Church growth begins with me."

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*



SUCCESS WHEN WE WORK TOGETHER: Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labor for others; demonstrate and

teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully. **"Coming together is a beginning. Keeping together is progress. Working together is success."**

DAILY VISITORS LOG: If you plan to come to Holy Trinity during the weekday, please advise the office at 604-876-474. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

BE THE CHURCH: The reason we come to church every Sunday is to listen to Christ, to praise Him, to receive Him within us that we may go out into the world and be the Church for the rest of the week.

FOR PONDERING: " Bread for myself can save my body; bread for my neighbor can save my soul." - Anonymous

CELL PHONE COURTESY: PLEASE RESPECT THE SANCTITY OF OUR LITURGICAL SERVICE TURN OFF YOUR CELL PHONES

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE
A WONDERFUL SUNDAY**