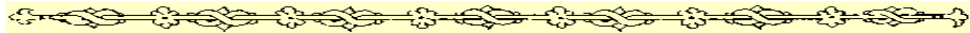


**How to use GoToMeeting  
Step by step with  
Screenshots**

<http://www.quicksetuguide.com/others/gotomeeting1.htm>

**ETIQUETTE EVERY PERSON SHOULD KNOW:** As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



**A PRAYER OF PROTECTION FROM CORONAVIRUS**

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest  
Office: 604-876-4747  
Cell: 778-239-6252  
E-mail: [rttsaplan@yahoo.ca](mailto:rttsaplan@yahoo.ca)  
Website: [www.uocvancouver.com](http://www.uocvancouver.com)

**CHRIST IS BORN! LET US GLORIFY HIM!**

**WORSHIP SERVICE SCHEDULE**  
Reading of Hours: 9:45 am  
**DIVINE LITURGY 10:00 am**

**In-Person Worship Suspended until February 5<sup>th</sup> due to new  
COVID-19 restrictions**

<https://global.gotomeeting.com/join/897330125>



**SUNDAY AFTER THEOPHANY. Tone 8  
НЕДІЛЯ ПІСЛЯ БОГОЯВЛЕННЯ. Голос 8**

Sunday, January 24, 2021



### John the Baptist Prepares the Way

This is the Good News about Jesus the Messiah, the Son of God. It began just as the prophet Isaiah had written:

“Look, I am sending my messenger ahead of you, and he will prepare your way. He is a voice shouting in the wilderness, ‘Prepare the way for the LORD’s coming! Clear the road for him!’ This messenger was John the Baptist. He was in the wilderness and preached that people should be baptized to show that they had repented of their sins and turned to God to be forgiven. All of Judea, including all the people of Jerusalem, went out to see and hear John. And when they confessed their sins, he baptized them in the Jordan River. His clothes were woven from coarse camel hair, and he wore a leather belt around his waist. For food he ate locusts and wild honey. John announced: ‘Someone is coming soon who is greater than I am—so much greater that I’m not even worthy to stoop down like a slave and untie the straps of his sandals. I baptize you with water, but he will baptize you with the Holy Spirit!’”

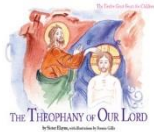
### The Baptism and Temptation of Jesus

One day Jesus came from Nazareth in Galilee, and John baptized him in the Jordan River. As Jesus came up out of the water, he saw the heavens splitting apart and the Holy Spirit descending on him like a dove. And a voice from heaven said, “You are my dearly loved Son, and you bring me great joy.” The Spirit then compelled Jesus to go into the wilderness, where he was tempted by Satan for forty days. He was out among the wild animals, and angels took care of him. Later on, after John was arrested, Jesus went into Galilee, where he preached God’s Good News. “The time promised by God has come at last!” he announced. “The Kingdom of God is near! Repent of your sins and believe the Good News!” (Mark 1:1-14)

### TODAY’S ANNOUNCEMENTS



**WELCOME TO ALL** the guests and visitors who are in our city during the CHRISTMAS FESTIVITIES and are praying with us today. May the Newborn Christ Bless you all with His Divine Graces. May He give us a new birth of ideas in our hearts so that we are able to be with Him throughout our lives and to obtain His Everlasting Kingdom.



**TODAY** - Our regular schedule of services. During the Liturgy we ask the Lord to bless our sick friends and relatives. May they receive the healing power of Jesus Christ through the care and concern of those around them.



**PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR** our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



**CHURCH CALENDARS** - We have now received a supply of calendars that designate Holidays and Feast days according to our Orthodox tradition. Copies are available in the office on request.

**PARISH GENERAL AND ANNUAL MEETINGS** - Will be held on Sunday, February 7<sup>th</sup>, 2021 at 1pm via GoToMeeting Software. All members of the Parish are urged to attend these meetings for the conduct of Parish business and the election of the Executive Board for 2021



### Membership

**MEMBERSHIP DUES:** Parishioners who have not paid their 2020 Membership Dues (Family - \$200; Singles - \$105) are asked to do so prior to the February 7<sup>th</sup> AGM.

**NOMINATIONS COMMITTEE:** The Nominations Committee which is preparing a slate for the Parish Annual General Meeting on February 7th is comprised of Mary Ann Pylypchuk, Ted Cholod and Daniel Moroz. Any member who is interested in being considered for a position on the Executive Board is asked to contact one of these members or call the office at 604-876-4747 or e-mail [hollytrinityuocvancoouver@gmail.com](mailto:hollytrinityuocvancoouver@gmail.com)

**DONATIONS RECEIVED** \$250 from Halyna and Oleksandr Bortnik; \$1000 from Ted Cholod; \$500 from Audrey Sojonyk. Thank you and may Almighty God reward you with His Divine Grace.



**SUNDAY OFFERING:** Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: [www.uocvancoouver.com](http://www.uocvancoouver.com)

**SINCERE THANKS TO ALL** parishioners and friends who have responded with their generosity toward the Church. Those who wish to donate toward the Church for Christmas Carol s (Koljada) are invited to do so. Your donations to the church are needed and deeply appreciated presence in our lives. Let us be generous for God's work.

**CHURCH GROWTH BEGINS WITH ME:** Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth." "Orthodox Christianity is the faith for all mankind." " As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." " I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." " I must help to make the Church more visible and invite others to services and activities." " Church growth begins with me."

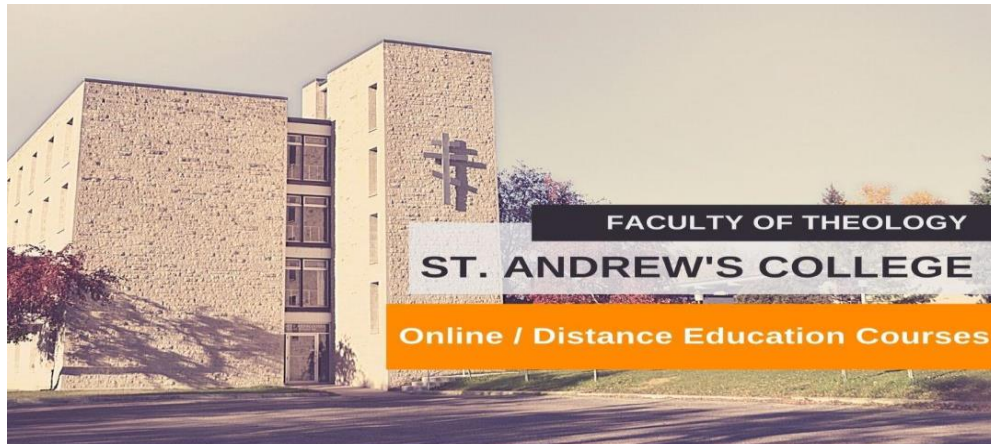
**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**SUCCESS WHEN WE WORK TOGETHER:** Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labour for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully.

**“Coming together is a beginning. Keeping together is progress. Working together is success.**

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE A WONDERFUL SUNDAY**

**ST. ANDREW'S COLLEGE**, the Theological school of the Ukrainian Orthodox Church of Canada, will be offering 2 online courses starting January 18, 2021 and everyone is welcome to take as auditors. The weekly day and time will be decided by the instructor in consultation with the students. The courses are: Liturgics 240. What, Where, How and Why of the worship of the Ukrainian Orthodox Church of Canada. The Church Calendar, Feasts and Fasts and their special features. Patristics 124. Pious and educational literature from the period after the Apostles (ie. after the Bible) until the First Ecumenical Council. The writings of the Orthodox Church for the first 300 years. Please check below for more information.



**PATRISTICS 124**  
**LITURGICS 240**

with Dr. R. Yereniuk  
with Fr. Dr. T. Chrapko

**BEGINNING OF COURSES**

January 18, 2021

**REGISTRATION**

Please contact  
St. Andrew's College by  
January 12, 2021

**TUITION**

\$400.00 - regular  
\$200.00 - auditor

**Get in touch:**

29 Dysart Road, Winnipeg, MB R3T 2M7  
+1 (204) 474-8895  
st\_andrews@umanitoba.ca  
www.umanitoba.ca/colleges/st\_andrews

**ST. ANDREWS COLLEGE**

all part-time students or auditors are welcome