

## How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

**ETIQUETTE EVERY PERSON SHOULD KNOW:** As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

### A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

### МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертівністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest  
Office: 604-876-4747  
Cell: 778-239-6252  
E-mail: [rttsaplan@yahoo.ca](mailto:rttsaplan@yahoo.ca)  
Website: [www.uocvancouver.com](http://www.uocvancouver.com)

**WORSHIP SERVICE SCHEDULE**  
Reading of Hours: 9:45 am

**DIVINE LITURGY 10:00 am**

B.C.'s ban on social gatherings and events, including church worship, has been extended indefinitely, but Dr. Bonnie Henry has suggested planning could begin for resumption of faith services and other gatherings at the end of February

<https://global.gotomeeting.com/join/158946805>



The Pharisee and the Publican by Harold Copping

**SUNDAY OF THE PUBLICAN AND THE PHARISEE**  
**НЕДІЛЯ МИТАРЯ І ФАРИСЕЯ**

Sunday, February 21, 2021

## Sunday of the Publican and the Pharisee

Today the Church draws our attention to Jesus' wonderful Parable about the tax-collector (publican) and the Pharisee (Luke 18:10-14). We hear about the foolish, insensible pride of the religious man who boasted even as he was praying, little heeding the fact that no one upon earth has the right to boast before God, who can see even the most secret, hidden faults of a person. The irreligious tax-collector was much wiser when he stood before God in total humility, refusing to flatter himself and simply asking God for mercy. He left it up to God how that mercy would be shown towards him.

## Неділя про Митаря і Фарисея

Сьогодні Церква звертає нашу увагу на чудову Притчу Ісуса про збирача податків (митаря) і фарисея (Лк 18: 10-14). Ми чуємо про дурну, безумну гордість релігійної людини, яка хвалився, навіть коли молилася, мало звертаючи уваги на те, що ніхто на землі не має право похвалитися перед Богом, Хто може бачити навіть самі таємні, приховані недоліки людини, Нерелігійний митар був набагато мудріший, коли він стояв перед Богом в повній смиренності, відмовляючись лестити самого себе і просто просячи в Бога милості для себе. Він залишив це Богу, як саме оця милість буде виявлена по відношенню до нього.

+ SUNDAY IS THE LORD'S DAY – LET US WORSHIP HIM +

IN TIMES OF UNCERTAINTY FIND PEACE AND HOPE

*"Come to me, all who are tired from carrying heavy loads, and I will give you rest."  
(Holy Bible. Matthew 11:28)*

### TODAY'S ANNOUNCEMENTS

**WELCOME TO OUR PARISH:** Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeet-ing** Software. What a joy it is to have you praying with us.

**OUR MISSION STATEMENT:** Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.

**TODAY** - Our regular schedule of services.



**MEMORIAL LITIA** will be served today in memory of Stephan Maskall to commemorate 20 years since his passing. Also, we pray for Vasylena (Lena), Savellya (Sylvia) and Roman (Robert). O Lord, give rest to the soul of your departed servants in a place of light, a place of refreshment and a place of repose, where there is no sickness, sighing nor sorrow. Memory Eternal! Вічна Пам'ять!

**TO THE REVEREND CLERGY of the UOCC:** It is in these days of the second half of February that the entire Ukrainian nation remembers in their prayers the **heroes**, collectively known as the **"Heavenly Hundred," ("Nebesna Sotnya,")** who gave their lives in defense of human rights and dignity for all, in the defense of the Ukrainian people and their right to self-determination, and to defend Ukraine's national statehood during the "Revolution of Dignity" in February, 2014. We bless all of our clergy to serve a panakhyda (litiya) following the Divine Liturgy on Sunday February 21, 2021. **With love in Christ, +YURIJ, Metropolitan.**

**ДО ВСЕЧЕСНОГО ДУХОВЕНСТВА УПЦК:** Цими днями український народ згадує в своїх молитвах тих героїчних людей, знані спільно як «Небесна сотня», які віддали своє життя за людські права, в обороні свого українського народу і за свою українську державу під час «Револуції Гідності» в лютому, 2014. Ми благословляємо нашому духовенству відправити панахиду (літію) після св. Літургії 21-го лютого, 2021. **З любов'ю в Христі, +ЮРІЙ, Митрополит**



**PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR** our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: **LORD OUR GOD, HEAL** our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.

Holy Trinity Ukrainian Orthodox Cathedral (St. East-Orth. An. Yousef) 3740 West 42nd Ave. Vancouver, BC V6M 2G6. ukrainianfood@uocvancouver.com

**UKRAINIAN FOOD SALE**  
**SATURDAY AFTERNOON**  
1-4 PM TAKE-OUT AT THE KITCHEN DOOR  
*Borscht & Bunad*

**Feb 20 Sale:**

- Frozen Borscht (in container)	\$ 8.00
- Sausage & Sauerkraut Bunwich	9.00
- Sausage & Sauerkraut Dinner	8.00
- Sauerkraut Side	6.00
- Pop	2.00

Support a Ukrainian Orthodox shop which also regularly provides emergency and disaster relief supplies, clothing, shoes, books and all manner of goods.

Can't be Out? Call us! Please contact to place orders, take and contact details.

### SATURDAY AFTERNOON FOOD SALES – VOLUNTEERING:

Friday Night Suppers are still suspended until further notice; however, Vancouver Coastal Health has permitted us to make and sell Ukrainian food for takeout. If you wish to volunteer with making Ukrainian food and/or Saturday Afternoon Sales please contact one of the following people for more details: Marcia Moroz (604 553-2112) or Elena Murgoci or Daniel Moroz Lisk or email: [ukrainianfood@uocvancouver.com](mailto:ukrainianfood@uocvancouver.com).



**CHURCH CALENDARS** - We have now received a supply of calendars that designate Holidays and Feast days according to our Orthodox tradition. Copies are available in the office on request.



**MEMBERSHIP DUES:** Parish members are asked to pay their 2021 Membership Dues (Family - \$200; Singles - \$105) at the earliest date possible.

**DONATIONS RECEIVED:** \$80 from Valeria Cameron; \$200 from Wally Hawryshkewich; \$400 from Gloria and John Katnick; \$150 from Lana Skrypynk. Thank you and may Almighty God reward you with His Divine Grace.

**DONATION ON LINE:** To make donations, please visit our website at [www.uocvancouver.com](http://www.uocvancouver.com) Your donations are deeply appreciated.



**SUNDAY OFFERING:** Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: [www.uocvancouver.com](http://www.uocvancouver.com)

**BEQUESTS TO THE PARISH:** Thankfully, from time to time, the Parish has been the beneficiary of the generosity of deceased individuals who have remembered us in their wills. These capital bequests assist the parish greatly, particularly with renovations or development projects which require significant capital outlays. We urge you to consider bequests to charitable beneficiaries such as your church.



**BLESSING OF HOMES AT THEOPHANY** has commenced. The priest asks God's blessings and protection for the home and those who dwell in it. We bless homes for many reasons, like cleansing the home, blessing everyday activities and filling the home and all who live in it with the fullness of God. Virtual house blessing through FaceTime or WhatsApp platforms is available, please call to Fr. Roman to arrange such a visit. His number is 778-239-6252.

**CHURCH GROWTH BEGINS WITH ME:** Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth." "Orthodox Christianity is the faith for all mankind." "As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." "I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." "I must help to make the Church more visible and invite others to services and activities." "Church growth begins with me."

**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**SUCCESS WHEN WE WORK TOGETHER:** Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labour for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully. **“Coming together is a beginning. Keeping together is progress. Working together is success.**

**DAILY VISITORS LOG:** If you plan to come to Holy Trinity during the weekday please let the office know. Upon entry sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.



**EXTRA PRAYER:** When the world falls down around you, \* And a prayer will see you through, \* Say an extra prayer for someone, \* Who may need it more than you. \* For who knows what hearts are breaking, \* In the silence of the night? \* Just that extra prayer you whisper, \* May help someone see the light! \* Every time you help a stranger, \* With an extra prayer - or two - \* You are building secret blessings, \* That will come back to you! (Nick Kenny).

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE A WONDERFUL SUNDAY**