

## How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

**ETIQUETTE EVERY PERSON SHOULD KNOW:** As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



### A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



### МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаяння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертвовністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших близьких. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛAVНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ

HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL

154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest

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### WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

### DIVINE LITURGY 10:00 am

Please join our service from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/253308973>



Неділя 4 -та після Пасхи. Про розслабленого  
Fourth Sunday of Pascha: The Paralyzed Man

Sunday, May 23, 2021



## Scripture Readings

### **Acts 9:32-42 (Epistle)**

Now it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So, all who dwelt at Lydda and Sharon saw him and turned to the Lord. At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter, she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

### **John 5:1-15 (Gospel)**

After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'" Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." The man departed and told the Jews that it was Jesus who had made him well.

**На Четверту Неділю по Пасці Церква споминає чудову подію уздоровлення нашим Господом чоловіка, що лежав спаралізованим впродовж 38-ох літ біля купальні Віфесда в Єрусалимі. Час від часу, Ангел сходив і зворушував воду в цій чудодійній купальні і хто перше влазив у неї видужував з усіх їхніх недуг. Цей же чоловік очікував був цього впродовж майже двох поколінь! Тож чи не ззвучить дивним запит Ісуса до нього? 'Хочешстати здоровим?' (продовження на [uocc.ca](http://uocc.ca))**



**Христос воскрес! Воістину воскрес!**

**Christ is risen! Indeed, He is risen!**

**Christ est ressuscité! Il est vraiment ressuscité!**

**Χριστὸς ἀνέστη! Ἄληθῶς ἀνέστη!**

## TODAY'S ANNOUNCEMENTS

**WELCOME TO OUR PARISH:** Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.

**OUR MISSION STATEMENT:** Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.

**TODAY-** we bring our petitions before our gracious, loving and all forgiving Lord who is the source of life, confident that he will listen to our prayers. On the Fourth Sunday after Pascha, the Church remembers the marvelous event of our Lord's healing of the man who had lain for 38 years paralyzed beside the pool of Bethesda in Jerusalem. This miraculous pool was sometimes stirred up by an angel and whoever got into it first would be healed of their infirmities. This man had been there waiting for this for nearly two generations! So, was not Jesus' question to him strange? 'Do you want to be made well?'

**INDOOR RELIGIOUS GATHERINGS AND WORSHIP SERVICES:** "Indoor in-person religious gatherings and worship services of any size are prohibited. You can still visit your place of worship for individual activities such as guidance from spiritual leader, contemplation or personal prayer."

<https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>

**TO MEMBERS OF THE PARISH:** Notice is hereby given that the Continuation of the Annual General Meeting and a General Quarterly Meeting of the Holy Trinity Ukrainian Orthodox Cathedral, Vancouver membership will be held on: Sunday, May 30, 2021 at 1pm via GoTo Software. The GoTo link, agendas and related documents will be distributed several days prior to those meetings. We welcome and look forward to your participation.

**PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR** our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



**SATURDAY AFTERNOON FOOD SALES – VOLUNTEERING:** Friday

Night Suppers are still suspended until further notice; however, Vancouver Coastal Health has permitted us to make and sell Ukrainian food for takeout. If you wish to volunteer with making Ukrainian food and/or Saturday Afternoon Sales please contact one of the following people for more details: Marcia Moroz (**604 553-2112**) or Elena Murgoci or Daniel Moroz Lisk or email: [ukrainianfood@uocvancouver.com](mailto:ukrainianfood@uocvancouver.com).

**VOLUNTEERS Needed:** The Maintenance Committee has a number of projects to undertake for enhancement of our church property. Volunteers who could assist with some of these projects would be greatly appreciated. Anyone interested is asked to contact Viktor Kulyk, Vice President, Maintenance and Property Development at: 778-869-3644 or email at: [vkulyk@gmail.com](mailto:vkulyk@gmail.com)

**CHURCH CALENDARS** - We have now received a supply of calendars that designate Holidays and Feast days according to our Orthodox tradition. Copies are available in the office on request.



**PARISH FEAST DAY - KHRAM - JUNE 20, 2021:** We do not know what the future holds, but Christians know, who holds the future.

**DONATIONS RECEIVED:** \$100 from Halyna and Oleksandr Bortnik; \$400 from Lydia and Dan Huzyk; \$300 from Wally Hawryshkewich; \$1000 from Mary Ann and Walter Pylypchuk; \$100 from Lana Skripnik; \$100 from Olga and Nicholas Tigar. Thank you and may Almighty God reward you with His Divine Grace

**MEMBERSHIP DUES:** Parish members are asked to pay their 2021 Membership Dues (Family - \$200; Singles - \$105) at the earliest date possible.

**DONATION ON LINE:** To make donations, please visit our website at [www.uocvancouver.com](http://www.uocvancouver.com). Your donations are deeply appreciated.

**SUNDAY OFFERING:** Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: [www.uocvancouver.com](http://www.uocvancouver.com)

**BEQUESTS TO THE PARISH:** Thankfully, from time to time, the Parish has been the beneficiary of the generosity of deceased individuals who have remembered us in their wills. These capital bequests assist the parish greatly, particularly with renovations or development projects which require significant capital outlays. We urge you to consider bequests to charitable beneficiaries such as your church.

**CHURCH GROWTH BEGINS WITH ME:** Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth." "Orthodox Christianity is the faith for all mankind." "As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." "I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." "

I must help to make the Church more visible and invite others to services and activities." "Church growth begins with me."

**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**SUCCESS WHEN WE WORK TOGETHER:** Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labour for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully. **"Coming together is a beginning. Keeping together is progress. Working together is success.**

**DAILY VISITORS LOG:** If you plan to come to Holy Trinity during the weekday, please advise the office at 604-876-474. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

**OPPORTUNITIES FOR INVOLVEMENT:** Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE  
A WONDERFUL SUNDAY**