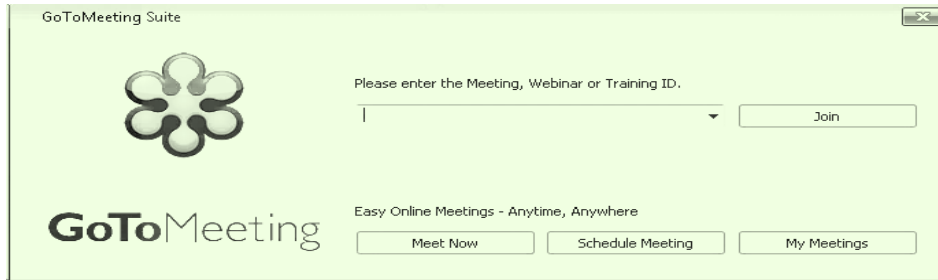


How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>



Etiquette Every Person Should Know

As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations.

While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas.

Virtual meeting etiquette is a whole new ball game compared to in-person meetings, as many folks are learning this week!

To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips.

1. Leave the keyboard alone
2. Dress appropriately
3. Be aware of your surroundings
4. Mute your microphone when you're not talking
5. No food allowed
6. Stay seated and stay present
7. Minimize Distractions

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com



WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

DIVINE LITURGY 10:00 am

Please join our service from your computer, tablet or smartphone



<https://global.gotomeeting.com/join/138947549>

8-ма неділя по П'ятидесятниці. Голос 7

8th Sunday after Pentecost. Tone 7

Sunday, August 2, 2020



SCRIPTURE READING

Matthew 14:14-22 (*Gospel*)



And when Jesus went out, He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, “This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food.” But Jesus said to them, “They do not need to go away. You give them something to eat.” And they said to Him, “We have here only five loaves and two fish.” “He said, “Bring them here to Me.” Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So, they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children. Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

MYSTERY REVEALED

“He was moved with compassion for them, and healed their sick.” We hear these words in today’s Gospel (Matthew 14:14-22) and they give us yet another glimpse into the Mystery that is our Lord, God and Saviour Jesus Christ. (message continued on uocc.ca)

ТАЄМНИЦЯ ВІДКРИТА

«Він побачив багато народу, і змилосердивсь над ними, і їхніх слабих уздоровив.» Ми чуємо ці слова в сьогоднішній Євангелії (Матвія 14:14-22), і вони дають нам ще одну можливість зазирнути в Таємницю, якою є наш Господь, Бог і Спаситель Ісус Христос.

Для більшої інформації по цій темі, відвідайте веб-сайт Української Православної Церкви Канади: www.uocc.ca



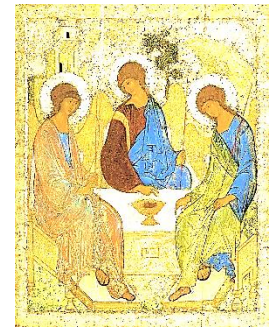
Corinthians 1:10-18 (*Epistle*)

Now I plead with you, brethren, by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the same mind and in the same judgment. For it has been declared to me concerning you, my brethren, by those of Chloe’s household, that there are contentions among you. Now I say this, that each of you says, “I am of Paul,” or “I am of Apollos,” or “I am of Cephas,” or “I am of Christ.” Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, lest anyone should say that I had baptized in my own name. Yes, I also baptized the household of Stephanas. Besides, I do not know whether I baptized any other. For Christ did not send me to baptize, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect. For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God



MYSTERY OF THE HOLY TRINITY

One of the most remarkable of icons in the Christian Church is that of the monk Andrew Rublev who lived from 1370 to 1430. At first sight, one would not think of this icon as the traditional and authentic representation of the Holy Trinity. What one initially sees is a group of three figures sitting at a table. But, remember, the Trinity itself is mystery, and any attempt to set this mystery into iconographic terms is fraught with difficulties.



What we have, then is a historical scene from the Old Testament which tells of the visit of three men to Abraham and Sarah under the oak tree at Mambre. The story is told in the 18th chapter of Genesis. The Church has interpreted and designated this as a representation of the Holy Trinity. Indeed, it is the icon of the Trinity which the Church feels best conforms to its theology.

The visitors to Abraham are depicted as Angels to show that they belong to the heavenly realm. Notice how the wings are inter-twined to indicate unity. There is a flowing, circular movement in the depiction of the three. There is also an austerity – the table is all but bare, containing only the dish with a sacrificial animal, considered a symbol of the Eucharist. Even Abraham and Sarah are absent. The home of Abraham forms the background, and the oak is shown. There is a silence, a solemnity about the figures. One senses the peace, the inner communication. The faces and figures are all but identical, although the coloring is not.

This is surely an icon to be reflected on.



TODAY'S ANNOUNCEMENTS

SUNDAY IS THE LORD'S DAY: We believe that attending the services in person or on line and practicing Spirituality adds Hope, Meaning and Motivation to our Life.

HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL - is now open for Sunday service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to **32**; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

TO REGISTER FOR SUNDAY SERVICE please call **604-876-4747** or email holytrinityuocvancouver@gmail.com by **NOON Friday before the Sunday** on which you wish to attend.

IMPORTANT: Registration does not guarantee attendance. You will be advised if you may attend. Every effort is being made to allow everyone who wishes an equal opportunity to attend a Sunday service.

DOORS OPEN SUNDAY MORNING at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM may lose their spot that Sunday.

DONATION ON LINE: To make donation please visit our website at www.uocvancouver.com For those attending Church, a donation basket is located at the exit door.

DONATIONS RECEIVED - \$1000 from Paulette and Jorek Hucul ; Thank you and may Almighty God reward you with His Divine Grace.



TAKE OUT SALE: Frozen perogies are available. To place your order, call the office at 604-876-4747 or email holytrinityuocvancouver@gmail.com

SUNDAY BULLETIN - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at rtsaplan@yahoo.ca by no later than Friday morning.

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL
HAVE A WONDERFUL SUNDAY**

HAPPY AND SAFE AUGUST LONG WEEKEND!