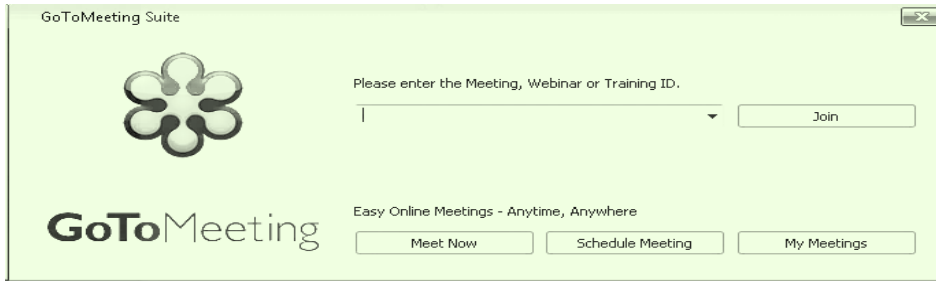


# How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>



## Etiquette Every Person Should Know

As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations.

While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas.

Virtual meeting etiquette is a whole new ball game compared to in-person meetings, as many folks are learning this week!

To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips.

1. Leave the keyboard alone
2. Dress appropriately
3. Be aware of your surroundings
4. Mute your microphone when you're not talking
5. No food allowed
6. Stay seated and stay present
7. Minimize Distractions

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest  
Office: 604-876-4747  
Cell: 778-239-6252  
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### WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

**DIVINE LITURGY 10:00 am**

**Please join our service from your computer, tablet or smartphone**



<https://global.gotomeeting.com/join/454633373>

9-та неділя по П'ятидесятниці. Голос 8

9th Sunday after Pentecost. Tone 8

Sunday, August 9, 2020



## SCRIPTURE READING

### Matthew 14:22-34 (*Gospel*)

Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." So, He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind ceased. Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God." When they had crossed over, they came to the land of Gennesaret.

### AFRAID OF THE LORD?

"Be of good cheer! It is I!" Such are the words of the Lord Jesus Christ to His Disciples in today's Gospel (Matthew 14:22-34). "Do not be afraid". It is somewhat strange to conceive that the Disciples who knew the Saviour so well would be frightened of His appearing. (message continued on [uocc.ca](http://uocc.ca))

### ЧИ БОЇМОСЯ МИ ГОСПОДА

«Заспокойтесь, це Я!» Так промовляє Господь наш Ісус Христос до Своїх Учнів у сьогоднішній Євангелії (Матвія 14:22-34). «Не бійтеся». Якось дивно уявити собі, що Учні, які так близько знали Спасителя так боялися б Його появи.

Для більшої інформації по цій темі, відвідайте веб-сайт Української Православної Церкви Канади: [www.uocc.ca](http://www.uocc.ca)

### 1 Corinthians 3:9-17 (*Epistle*)

For we are God's fellow workers; you are God's field, you are God's building. According to the grace of God which was



given to me, as a wise master builder I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.



### SERVING AT THE ALTAR

Every church has them. Boys serving in the sanctuary. We call them Altar Boys, for they perform their duties at the altars of our churches, and their presence lends solemnity to the Di-

vine Liturgy on the Lord's day.

The boys perform a variety of tasks in the church. They light the candles for worship, they give the censer at various times during services, they carry candles and take part in procession, and chant the Epistle and the Creed.

It is often from the ranks of altar ministrants that vocations to the Priesthood come. One might call the ministration of Altar Boys a school for training in the Christian Life. There they learn to serve the Church, and there they come to know their Faith.



Parishes usually take for granted these faithful boys who serve from Sunday to Sunday, year in and year out. A word of appreciation and encouragement might well be in



order as we dedicate this issue of our bulletin to them.



## TODAY'S ANNOUNCEMENTS

**SUNDAY IS THE LORD'S DAY:** We believe that attending the services in person or on line and practicing Spirituality adds Hope, Meaning and Motivation to our Life.

**HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL** - is now open for Sunday service in a limited way. In order to maintain social distancing in this phase of reopening attendance is limited to **32**; please register if you plan to attend. Simultaneous on-line services will continue into the foreseeable future via GoToMeeting.

**TO REGISTER FOR SUNDAY SERVICE** please call **604-876-4747** or email [holytrinityuocvancouver@gmail.com](mailto:holytrinityuocvancouver@gmail.com) by **NOON Friday before the Sunday** on which you wish to attend.

**IMPORTANT:** Registration does not guarantee attendance. You will be advised if you may attend. Every effort is being made to allow everyone who wishes an equal opportunity to attend a Sunday service.

**DOORS OPEN SUNDAY MORNING** at 9:30 AM to allow time to process parishioners attending the service. Volunteers will be present. Registrants who are not in church by 10:20 AM may lose their spot that Sunday.

**DONATION ON LINE:** To make donation please visit our website at [www.uocvancouver.com](http://www.uocvancouver.com) For those attending Church, a donation basket is located at the exit door. Your donations are deeply appreciated.

**DONATIONS RECEIVED** - \$1000 from Paulette and Jorek Hucul; \$1020 from Margaret and Jack Carley. Thank you and may Almighty God reward you with His Divine Grace.



**TAKE OUT SALE:** Frozen perogies are available. To place your order, call the office at 604-876-4747 or email [holytrinityuocvancouver@gmail.com](mailto:holytrinityuocvancouver@gmail.com)

**SUNDAY BULLETIN** - If you have any announcements for the bulletin relating to Parish life, please submit them to Fr. Roman at [rtsaplan@yahoo.ca](mailto:rtsaplan@yahoo.ca) by no later than Friday morning.

**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**THANK YOU FOR ATTENDING THE SERVICE TODAY AND MAY YOU ALL  
HAVE A WONDERFUL SUNDAY**