

How to use GoToMeeting Step by step with Screenshots

<http://www.quicksetupguide.com/others/gotomeeting1.htm>

ETIQUETTE EVERY PERSON SHOULD KNOW: As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**

A PRAYER OF PROTECTION FROM CORONAVIRUS

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.

МОЛИТВА ЗАХИСТУ ВІД КОРОНАВІРУСА

«Господи, Боже наш, багатий милосердям і милістю, що Своїм мудрим Провидінням керуєш нашим життям, вислухай нашу молитву, прийми покаєння за гріхи наші, припини пошесть згубну, яка спіткала нас, як Ти і раніше припиняв згубні пошесті серед людей. Милосердний Спасителю, захисти здоров'я тих, хто на Тебе уповає. Лікарю душ і тіл наших, дай одужання тим, що хворіють, і підведи їх з ложа недуги та страждань. Благослови, Господи, укріпи і захисти Своєю благодаттю усіх тих, хто з благодійністю і жертовністю піклується про хворих вдома чи в лікарнях. Визволи людей в нашому місті (селі, монастирі), в нашій країні і по всьому світу від пошесті згубної, від хвороб і страждань та навчи нас цінувати життя і здоров'я як Твої дари. Дай нам, Боже, Твій мир і наповни наші серця непохитною вірою в Твій захист, надією на Твою підтримку і любов'ю до Тебе і наших ближніх. Твоє бо є, щоб милувати і спасати нас, Боже наш, і Тобі славу возсилаємо, Отцю, і Сину, і Святому Духу, нині і повсякчас і навіки віків. Амінь».

УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL
154 East 10th Avenue, Vancouver, BC V5T 1Z4

SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest
Office: 604-876-4747
Cell: 778-239-6252
E-mail: rttsaplan@yahoo.ca
Website: www.uocvancouver.com

WORSHIP SERVICE SCHEDULE
Reading of Hours: 9:45 am
DIVINE LITURGY 10:00 am

LIVE STREAM WORSHIP SERVICE:
EVERY SUNDAY 10:00 am

<https://global.gotomeeting.com/join/696818509>



День Св. Тройці - П'ятидесятниця - Зшестя Святого Духа на Апостолів
Trinity Sunday - Pentecost - The Descent of the Holy Spirit

Sunday, June 20, 2021



TRINITY SUNDAY - PENTECOST - THE DESCENT OF THE HOLY SPIRIT

Today's Feast Day is the Day of Pentecost. The Descent of the Holy Spirit brings us the Gospel reading (John 7:37-52,8:12) which speaks of a happiness that lasts and that makes other people happy, too. Jesus says: 'If

any one thirsts, let him come to Me and drink'. It is not only water for which people thirst. Jesus offers that which responds to a spiritual thirst, a thirst for lasting happiness, a thirst for answers to our hard questions - a thirst for meaning.

TROPARION - Blessed Art You O Christ Our God. You have revealed the fishermen as most wise by sending down upon them the Holy Spirit. Through them You drew the world into Your net, O Lover of Man, Glory to You!

KONDAKION - When the Most High came down and confused the tongues, He divided the nations; But when he distributed the tongues of fire, He called all to unity. Therefore, with one voice, we glorify the All-Holy Spirit!

День Св. Тройці. Зшестя Святого Духа на Апостолів

Сьогоднішнє Свято – День П'ятидесятниці, Зшестя Святого Духа приносить нам Євангелію (Івана 7:37-52,8:12), в якій чуємо про щастя, яке триває і яке приносить щастя і другим. Господь каже: «Коли прагне хто з вас нехай прийде до Мене та й н'є!» Люди не тільки води прагнуть. Господь Ісус пропонує того, що заспокоює духовну спрагу, спрагу на тривалє щастя, спрагу на відповіді на наші важкі запитання – спрагу на смисл життя. (продовження на uoss.ca)



SPIRITUAL MESSAGE

A “BIRTHDAY” CELEBRATION

Perhaps the most significant day in our life is our birthday. We are never “too young” to celebrate it, nor are we ever “too old” not to remember it! Yes, a birthday is always a day of festive commemoration.

Pentecost has long been referred to as the “**Birthday of the Church.**” On this day, we observe the coming of the Holy Spirit upon the Apostles, who had gone to Jerusalem on the command of our Lord to await this divine guidance from above. With the rushing of the wind and the descent of tongues of fire, the Holy Spirit came to these twelve loyal, but timid, followers of Christ, filling them with the zeal necessary for them to undertake and complete the commission given to them: **GO AND TEACH ALL NATIONS!** This “**birthday celebration**” had over 3,000 “**guests**”, for the Book of Acts tells us that this was the number of converts won over to Christianity that day when the Apostles took the message of the Gospel into the streets of Jerusalem.

The Feast Day of Pentecost is steeped in rich tradition. Some churches will be lavishly adorned with flowers and greens as a reminder that just as nature is rendered in this manner at the coming of Spring, so, too, the Church and her faithful have been renewed by the coming of the Holy Spirit. On this fiftieth day after Pascha, lengthy, elaborate kneeling prayers are prescribed, as we repeatedly invoke the Holy Spirit to **COME AND DWELL WITHIN US.**

Pentecost is also a time for every Orthodox Christian to remember that each of us have received the same exhortation from Christ that the Apostles were given. Our task, too, is to carry the Good News to the ends of the earth! The Holy Spirit comes to US today, strengthening and encouraging us as we strive to spread God’s Word to the unchurched.

“**Through the Holy Spirit**”, writes St. Basil the Great, “**our return to paradise is achieved, we are elevated to the heavenly kingdom and become once more the children of God.**” Yes, it is truly through the workings of the Holy Spirit that our appointed work can be accomplished.

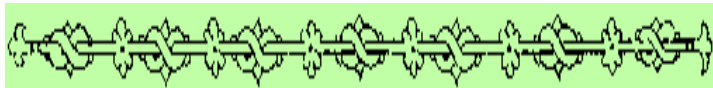
SCRIPTURE READINGS

John 7:37-52, 8:12 (*Gospel*)

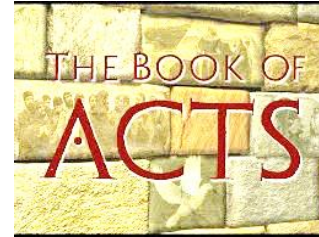
On the last day, that great day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink.

He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified. Therefore, many from the crowd, when they heard this saying, said, "Truly this is the Prophet." Others said, "This is the Christ." But some said, "Will the Christ come out of Galilee? Has not the Scripture said that the Christ comes from the seed of?

David and from the town of Bethlehem, where David was?" So, there was a division among the people because of Him. Now some of them wanted to take Him, but no one laid hands on Him. Then the officers came to the chief priests and Pharisees, who said to them, "Why have you not brought Him?" The officers answered, "No man ever spoke like this Man!" Then the Pharisees answered them, "Are you also deceived? Have any of the rulers or the Pharisees believed in Him? But this crowd that does not know the law is accursed." Nicodemus (he who came to Jesus by night, being one of them) said to them, "Does our law judge a man before it hears him and knows what he is doing?" They answered and said to him, "Are you also from Galilee? Search and look, for no prophet has arisen out of Galilee." Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."

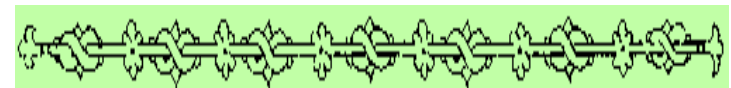


Acts 2:1-11 (*Epistle*)



When the Day of Pentecost had fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting.

Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance. And there were dwelling in Jerusalem Jews, devout men, from every nation under heaven. And when this sound occurred, the multitude came together, and were confused, because everyone heard them speak in his own language. Then they were all amazed and marveled, saying to one another, "Look, are not all these who speak Galileans? And how is it that we hear, each in our own language in which we were born? Parthians and Medes and Elamites, those dwelling in Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, Cretans and Arabs – we hear them speaking in our own tongues the wonderful works of God



TODAY'S ANNOUNCEMENTS

WELCOME TO OUR PARISH: Our warmest greetings are extended to all visitors and guests who are participating in today's Divine Liturgy via **GoToMeeting** Software. What a joy it is to have you praying with us.

OUR MISSION STATEMENT: Observing the Truths proclaimed by the Nicene Creed. Providing Holy Sacraments to its Members and Community. Offering Teachings to strengthen Members Beliefs. Providing Social Opportunities for Fellowship and Enjoyment. Providing Spiritual and Personal Counseling.



TODAY - We are celebrating the FEAST DAY of our parish. We would like to take this opportunity to extend a warm welcome to guests and members who are joining us in the celebration of our annual Patron Saint's Day. We are happy to see you online, as well as in our now re-opened temple. May the merciful Lord bestow upon you and your families His heavenly and earthly blessings and keep you in His constant grace filling your hearts with peace and spiritual comfort.

KHRAM is an opportunity to thank God for all His provisions to us over the years. We invite Parish members, adherents and other friends to join us in this special celebration.



PRAYERS FOR THE HEALTH: We shall offer prayers for the health and well-being of Rev. Oleh and Dobr. Maria Krawchenko; John, Nattaka, Julia, Katherine, Andrew and Alexander Mayba. May they be blessed with good health and graced with happiness.

PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR our brothers and sisters who are in the hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so that we may live our lives for you.



HAPPY FATHER'S DAY! Someday I will find my prince but my Daddy will always be my King. (**Unknown**) One of the greatest titles in the world is parent, and one of the biggest blessings in the world is to have parents to call mom and dad. (**Jim DeMint**)

BLESSINGS AND BEST WISHES TO ALL OUR FATHER'S, GRANDFATHER'S, AND GREAT-GREAT GRANDFATHERS!

ALL OF OUR FAITHFUL ARE REMINDED - that between Easter and Pentecost (June 20), there is no kneeling in Church. Kneeling resumes after the Divine Liturgy and the reading of the kneeling prayers on Pentecost (Zelenij Svyata).

EXECUTIVE BOARD MEETING: A virtual meeting of the Board is scheduled for Monday, June 21, 2021 at 6pm.

SATURDAY AFTERNOON FOOD SALES – VOLUNTEERING: Friday Night Suppers are still suspended until further notice; however, Vancouver Coastal Health has permitted us to make and sell Ukrainian food for takeout. If you wish to volunteer with making Ukrainian food and/or Saturday Afternoon Sales please contact one of the following people for more details: Marcia Moroz (604 553-2112), Elena Murgoci, Daniel Moroz Lisk or email: ukrainianfood@uocvancouver.com.

VOLUNTEERS Needed: The Maintenance Committee has a number of projects to undertake for enhancement of our church property. Volunteers who could assist with some of these projects would be greatly appreciated. Anyone interested is asked to contact Viktor Kulyk, Vice President, Maintenance and Property Development at: 778-869-3644 or email at: vkulyk@gmail.com

DONATIONS RECEIVED: \$500 from from Paulette and Jorek Hucul; \$150 from Leona Polonich; \$300 from Jean and Tony Yaremko. Thank you and may Almighty God reward you with His Divine Grace.

DONATION ON LINE: To make donations, please visit our website at www.uocvancouver.com Your donations are deeply appreciated.

SUNDAY OFFERING: Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ. During this time of the pandemic, kindly make your donations via our web site: www.uocvancouver.com

BEQUESTS TO THE PARISH: Thankfully, from time to time, the Parish has been the beneficiary of the generosity of deceased individuals who have remembered us in their wills. These capital bequests assist the parish greatly, particularly with renovations or development projects which require significant capital outlays. We urge you to consider bequests to charitable beneficiaries such as your church.

CHURCH GROWTH BEGINS WITH ME: Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth. "Orthodox Christianity is the faith for all mankind." "As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." "I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." "I must help to make the Church more visible and invite others to services and activities." "Church growth begins with me."

SPIRITUAL GROWTH: The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*



SUCCESS WHEN WE WORK TOGETHER: Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labor for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in

Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully. **“Coming together is a beginning. Keeping together is progress. Working together is success.”**

DAILY VISITORS LOG: If you plan to come to Holy Trinity during the weekday, please advise the office at 604-876-474. Upon entry, please sign the Daily Visitor's Log located at the top of the Office / Mezzanine entry stairs.

OPPORTUNITIES FOR INVOLVEMENT: Members and adherents of the Parish have many opportunities to become involved in the life of the Parish. Such volunteer participation is greatly encouraged and much appreciated. Indeed, our Parish functions through the efforts of our volunteers; their contributions form the basis of our Church organization and community life.

THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE

A WONDERFUL SUNDAY