

**How to use GoToMeeting  
Step by step with  
Screenshots**

<http://www.quicksetuguide.com/others/gotomeeting1.htm>

**ETIQUETTE EVERY PERSON SHOULD KNOW:** As the Coronavirus (COVID-19) continues to spread, few organizations remain unscathed – and virtual meetings have become an essential part of how modern organizations maintain productivity and continuity. They're an easy, cost-effective way to align multiple locations. While virtual meetings have likely been a part of your daily work routine for some time now, it's still easy to fall victim to some major meeting faux pas. Virtual meeting etiquette is a whole new ball game compared to in-person meetings. To help you keep your meetings productive and professional, follow these simple virtual meeting etiquette rules and tips. **Leave the keyboard alone. Dress appropriately. Be aware of your surroundings. Mute your microphone when you're not talking. No food allowed. Stay seated and stay present. Minimize Distractions**



**A PRAYER OF PROTECTION FROM CORONAVIRUS**

O Lord our God, Who are rich in mercy and with careful wisdom direct our lives, hear our prayers and receive our repentance for our sins, bring an end to this new infectious

disease, just as You averted the punishment of Your people in the past time. You Who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness raising them from their bed of suffering so that they may glorify You, O Merciful Saviour, and preserve in health those who have not been infected. By Your grace, O Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Deliver people in this city, in our country, and around the world from all illnesses and suffering, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For it is Yours to be merciful and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. Amen.



УКРАЇНСЬКА ПРАВОСЛАВНА КАТЕДРА ПРЕСВЯТОЇ ТРОЙЦІ  
HOLY TRINITY UKRAINIAN ORTHODOX CATHEDRAL  
154 East 10th Avenue, Vancouver, BC V5T 1Z4

## SUNDAY BULLETIN НЕДІЛЬНИЙ БЮЛЕТЕНЬ

Rev. Father Roman Tsaplan, Parish Priest  
Office: 604-876-4747  
Cell: 778-239-6252  
E-mail: [rttsaplan@yahoo.ca](mailto:rttsaplan@yahoo.ca)  
Website: [www.uocvancouver.com](http://www.uocvancouver.com)

**CHRIST IS BORN! LET US GLORIFY HIM!**

### WORSHIP SERVICE SCHEDULE

Reading of Hours: 9:45 am

**DIVINE LITURGY 10:00 am**

**In-Person Worship Suspended until February 5<sup>th</sup> due to new  
COVID-19 restrictions**

<https://global.gotomeeting.com/join/874868173>



### SUNDAY BEFORE HOLY THEOPHANY

**НЕДІЛЯ ПЕРЕД БОГОЯВЛЕННЯМ**

Sunday, January 17, 2021

## John the Baptist Prepares the Way

In those days John the Baptist came to the Judean wilderness and began preaching. His message was, <sup>2</sup>“Repent of your sins and turn to God, for the Kingdom of Heaven is near.” <sup>3</sup>The prophet Isaiah was speaking about John when he said, “He is a voice shouting in the wilderness, ‘Prepare the way for the LORD’s coming! Clear the road for him!’” <sup>4</sup>John’s clothes were woven from coarse camel hair, and he wore a leather belt around his waist. For food he ate locusts and wild honey. <sup>5</sup>People from Jerusalem and from all of Judea and all over the Jordan Valley went out to see and hear John. <sup>6</sup>And when they confessed their sins, he baptized them in the Jordan River. <sup>7</sup>But when he saw many Pharisees and Sadducees coming to watch him baptize, <sup>8</sup>he denounced them. “You brood of snakes!” he exclaimed. “Who warned you to flee the coming wrath? <sup>9</sup>Prove by the way you live that you have repented of your sins and turned to God. <sup>10</sup>Don’t just say to each other, ‘We’re safe, for we are descendants of Abraham.’ That means nothing, for I tell you, God can create children of Abraham from these very stones. <sup>11</sup>Even now the ax of God’s judgment is poised, ready to sever the roots of the trees. Yes, every tree that does not produce good fruit will be chopped down and thrown into the fire. <sup>12</sup>“I baptize with <sup>13</sup>water those who repent of their sins and turn to God. But someone is coming soon who is greater than I am—so much greater that I’m not worthy even to be his slave and carry his sandals. He will baptize you with the Holy Spirit and with fire. <sup>14</sup>He is ready to separate the chaff from the wheat with his winnowing fork. Then he will clean up the threshing area, gathering the wheat into his barn but burning the chaff with never-ending fire.”

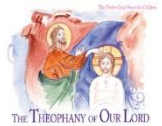
### The Baptism of Jesus

Then Jesus went from Galilee to the Jordan River to be baptized by John. <sup>14</sup>But John tried to talk him out of it. “I am the one who needs to be baptized by you,” he said, “so why are you coming to me?” <sup>15</sup>But Jesus said, “It should be done, for we must carry out all that God requires.” <sup>16</sup>So John agreed to baptize him. <sup>17</sup>After his baptism, as Jesus came up out of the water, the heavens were opened <sup>18</sup>and he saw the Spirit of God descending like a dove and settling on him. <sup>19</sup>And a voice from heaven said, “This is my dearly loved Son, who brings me great joy.” (Matthew 3: 1-16)

## TODAY’S ANNOUNCEMENTS



**WELCOME TO ALL** the guests and visitors who are in our city during the CHRISTMAS FESTIVITIES and are praying with us today. May the Newborn Christ Bless you all with His Divine Graces. May He give us a new birth of ideas in our hearts so that we are able to be with Him throughout our lives and to obtain His Everlasting Kingdom.



**TODAY** – Our regular schedule of services. During the Divine Liturgy, we ask our Lord for His blessing for all of us here present. We also pray for those who are absent from home and away from family and friends during this Christmas time - that they may receive a welcome wherever they are.



**PLEASE REMEMBER DURING THIS HARD TIME TO PRAY FOR** our brothers and sisters who are in hospital, care homes, nursing facilities, shut-ins or at home: LORD OUR GOD, HEAL our ills, forgive our sins and help us to realize your goodness toward us. Crown us with your love and compassion so

that we may live our lives for you.



**CHURCH CALENDARS** - We have now received a supply of calendars that designate Holidays and Feast days according to our Orthodox tradition. Copies are available in the office.



**MONDAY, January 18th** - The Eve of the Theophany: 5:00 pm Festal Vespers with the Great Blessing of Water

**TUESDAY, January 19th** - The Holy Theophany of our Lord and Saviour Jesus Christ: 9:45am Reading of Hours; 10:00 am Divine Liturgy followed by the Great Blessing of Water.

**DONATIONS RECEIVED \$50** from Philip Ackril; Thank you and may Almighty God reward you with His Divine Grace.



**SUNDAY OFFERING:** Brothers and sisters! God calls us on Sunday to share our abundance with a thankful heart. It is a privilege to share and an honor to be fortunate enough to do so. St. Paul encourages us to continue to do so because, as we do so, we glorify God and others see the evidence of Christ

**SINCERE THANKS TO ALL** parishioners and friends who have responded with their generosity toward the Church. Those who wish to donate toward the Christmas Carol s (Koljada) are invited to do so. Your donations to the church are needed and deeply appreciated presence in our lives. Let us be generous for God's work.

**EXECUTIVE BOARD MEETING:** A meeting of the Board has been scheduled for Wednesday, January 20th at 6:00 pm online.

**FUNERAL SERVICE:** A small family funeral service will be held for Olga Hawryshok on Saturday, January 23<sup>rd</sup> at 1:00 pm in the Cathedral. May she rest in Peace. Vichnaya Pamyat’.

**CHURCH GROWTH BEGINS WITH ME:** Consider these thoughtful quotations: "Church growth involves spiritual as well as numerical growth." "Orthodox Christianity is the faith for all mankind." "As a steward, I must wisely manage the gifts God has given me and use them for building up of the Church." "I am called to work with Christ in reaching others." "I want my parish to serve as the means by which others are brought to Christ and His Church." "I must share God's love with others by sharing my faith with them." "Evangelization is the heart of the Church's life and experience." "I must help to make the Church more visible and invite others to services and activities." "Church growth begins with me."

**SPIRITUAL GROWTH:** The fruit of Worship is the gift of the Spirit which takes place by following Christ; *through prayer; virtues of faith, hope and love; friendship with others; listening and forgiving.*

**SUCCESS WHEN WE WORK TOGETHER:** Each of us has been gifted by God and being part of our congregation gives all of us the opportunity to live our faith; be part of helping the Church operate; share responsibilities and lighten the labour for others; demonstrate and teach our children and grandchildren the value of serving and forge deeper and more meaningful relationships with our Brothers and Sisters in Christ. Please take time to call someone when you think of them. Remember our congregation is here for all of us. Belonging and feeling included takes time. A personal commitment, financial support and taking responsibility to participate fully.

**“Coming together is a beginning. Keeping together is progress. Working together is success.**

**THANK YOU FOR ATTENDING THE SERVICE. MAY YOU ALL HAVE A WONDERFUL SUNDAY**

**ST. ANDREW'S COLLEGE**, the Theological school of the Ukrainian Orthodox Church of Canada, will be offering 2 online courses starting January 18, 2021 and everyone is welcome to take as auditors. The weekly day and time will be decided by the instructor in consultation with the students. The courses are: Liturgics 240. What, Where, How and Why of the worship of the Ukrainian Orthodox Church of Canada. The Church Calendar, Feasts and Fasts and their special features. Patristics 124. Pious and educational literature from the period after the Apostles (ie. after the Bible) until the First Ecumenical Council. The writings of the Orthodox Church for the first 300 years. Please check below for more information.



FACULTY OF THEOLOGY  
ST. ANDREW'S COLLEGE

Online / Distance Education Courses

**PATRISTICS 124** with Dr. R. Yereniuk  
**LITURGICS 240** with Fr. Dr. T. Chrapko

BEGINNING OF COURSES

January 18, 2021

REGISTRATION

Please contact  
St. Andrew's College by  
January 12, 2021

TUITION

\$400.00 - regular  
\$200.00 - auditor

Get in touch:

29 Dysart Road, Winnipeg, MB R3T 2M7  
+1 (204) 474-8895  
st\_andrews@umanitoba.ca  
www.umanitoba.ca/colleges/st\_andrews

ST. ANDREWS COLLEGE

all part-time students or auditors are welcome

**DEAR FRIENDS**, Malanka has become a tradition where families, both young and old, grandparents and children, come together to celebrate the New Year Ukrainian-style. We are asking you to keep the tradition alive but know that your concerns about safety are paramount during the COVID-19 pandemic. That is why we will hold a "Virtual Malanka" on Saturday, January 16, 2021. You can dress up with glitz and glamour, or choose to stay comfy in warm pyjamas in the comfort and security of your own home. No need to worry about road conditions, parking or choosing a designated driver. Your menu will be the favourite dishes that you prepare for yourself. We'll send you a link to a playlist and you can dance to all the songs, or just the ones that get your toes tapping. Tickets last year were priced at \$65 per person, but tickets for Malanka 2021 are set at \$30 and are eligible for a tax-deductible charitable receipt. Tickets this year are a bargain! Your donations are highly appreciated and will help our church survive. To purchase a ticket, E-transfer funds to [yuliya.shokalyuk@gmail.com](mailto:yuliya.shokalyuk@gmail.com), donate through our Facebook page (<https://www.facebook.com/UkrainianOrthodoxSurrey>) or send a cheque to Malanka, UOC St. Mary, PO Box 163 Station Main, Surrey BC V3T 4W8. For more info, you can call 604-531-1923 or reply to this email. **Let's celebrate together while apart**

*Ukrainian Orthodox Church of St. Mary presents:*  
a Ukrainian New Year's Eve Celebration

**...MALANKA...**

January 16, 2021  
Virtual FUNDRAISER

**\$30**

*Let's celebrate together while apart*

*An occasion to dress-up and enjoy family dinner.  
Playlist will be provided  
Door prizes*

Your donations are highly appreciated and help our church survive.  
All virtual tickets will be provided with a charitable receipt.  
E-transfer to [yuliya.shokalyuk@gmail.com](mailto:yuliya.shokalyuk@gmail.com) or donate through our Facebook page or  
send cheque to PO BOX 163 Station Main, Surrey BC V3T 4W8